

THE TRUDGE

August 2019

SUNSHINE COAST BUSHWALKERS INC.

PO Box 287 Buderim QLD 4556

www.sunshinecoastbushwalkingclub.com

Meetings are monthly on the first Monday (*excluding January*)

7:30pm at Buderim Craft Cottage

corner Main St and Church St, behind Buderim War Memorial Hall

Please check <http://sunshinecoastbushwalkingclub.com/walks.htm> for any changes.

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Committee Members 2018-2019

President:	Samantha Rowe	0439 310 414
Vice President:	Ian Greggery	0427 696 606
Secretary:	Loretta Taylor	0419 743 339
Treasurer:	Cheryl Stevens	0429 154 133
Walks Secretary:	Peter Nagel	0409 754 202
New Member Officer:	Rod Edwards	0407 965 254
	Karen Edwards	0407 965 300
Hire Equipment Officer:	Joe Kirkpatrick	0412 754 333
Librarian:	Vacant	
Trudge Editor:	Julie Nunn	0419 534 551

Non Committee Positions

Webmaster:	John Hall	5450 1024
Grants Officer:	Peter Fowler	0407 715 249
Assistant Secretary	Ann Marie Ford	0438 421 759
Refreshments Co-ordinator	Lorna Hegarty	0412 319 197

Please send walk reports and photographs to:

trudge@sunshinecoastbushwalkingclub.com

Members will be emailed each month when the Trudge is available on the website.

Members should email the editor on above address if they are not receiving these emails.

CLUB ACTIVITIES

Monday 5th August 2019 – Monday 2nd September 2019

August 2019			
Sun 4 th	Mooloolah River National Park	Malcolm and Jenni Rodley 5443 1739 0408 071 797	SDW3C - Council Partnered Walk Prospective Members Welcome
Sun 4 th	Federation of Mountain Rescue - Basic Navigation	TBA	For more information, email Secretary at fmrqld@gmail.com
Mon 5 th	SCBWC Club Meeting Buderim Craft Cottage 7:30pm		
Sun 11 th	High Dunes Marcus Beach	Michelle Freeman 0401 744 720	MDW3C - Limit 16 Prospective Members Welcome
Sun 11 th	Mt Mary Smoke Bellthorpe Natl Park	Sam Rowe 0439 310 414	MDW4D Prospective Members Welcome
Sun 18 th	SCBWC Planning Day E.J. Foote Sanctuary Buderim	Peter Nagel 0409 754 202	SOC
Sun 18 th	Mt Cooroy Public Open Day		www.cooroyrotary.org.au
Thurs 22 nd	Marcoola – Mudjimba Conservation Park Return	Cheryl Stevens 0429 154 133	SDW2A Prospective Members Welcome
Sat 24 th – Sun 25 th	Vertical Rescue Training Mt Tinbeerwah	Peter Fowler 0407 715 249	Full Members Only
Sun 25 th	Parklands Circuit	Ian Greggery 0427 696 606	MDW3C – Councilled Partners Walk Prospective Members Welcome
Sept 2019			
Sun 1 st	Old Spikes Hut Conondale Natl Park	Russell Stark 0404 235 195 Co Leader Julie Nunn 0419 534 551	Prospective Members Welcome
Mon 2 nd	SCBWC Club Meeting Buderim Craft Cottage 7:30pm		

Springbrook – Warrie Circuit – Base Camp 8-9 June 2019



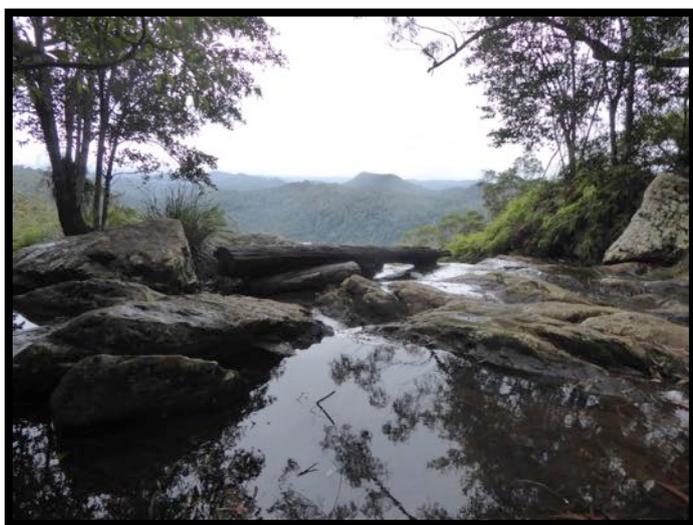
The weather forecast for this weekend base camp was a bit grim, especially for Saturday, the day we planned to hike the 17kl Warrie Circuit.

Our group of 7 arrived at varying times, to very cold conditions and light showers at The Settlement Campground the previous day. Not to be deterred we set up our tents and after an early dinner, it was early to bed to keep warm.

We were very lucky to have overcast conditions, some misty not heavy rain and a chill in the air for our hike the following day. Just perfect really for a rainforest hike. Such a lovely soft light to be in and the waterfalls we passed by and under were added highlights to our day. We had planned to do the small side trip to The Pinnacle but given the wet and misty conditions decided not to.



The track is a continual descent until you reach a spot aptly named The Meeting of the Waters where Little Nerang Creek, Boy-ull Creek and Mundora Creek flow together at a rocky junction.



A peaceful spot to stop and enjoy our surroundings and eat our lunch. And surprise, surprise, the only place where one of our party encountered a leech.

And yes, after a descent there is nearly always an ascent. So up we went on a steady climb with the sun struggling to shine through the clouds, revealing a different aspect to the scenery and providing a beautiful view when we finally attained the lookout where our hike had commenced.

The weather gods were kind enough to allow us to return to camp, prepare and eat dinner, enjoy each others company

and finally head to bed. And then the rain came. Perfect ending to a great day out. Thanks to Russell for organising and June, Leanda, Peter, Karin and Gerry for your company.



My wishes for good weather were answered and Sunday turned on the perfect weather for our hike. Our meeting place was Kondalilla Car Park.

This being a council partnered walk, we had a total of 6 participants registered through the Council site, 2 prospective members, with the remainder of our group of 16 being club members. Once our car shuttle was organised it was off to Baroon Pocket Dam, a quick group photo and we were on our way.

We took advantage of all the look out points and took our time along the track to enjoy our surroundings, the reason for us all being out on the track on such a lovely day. A pleasant surprise awaited us when we met up with Bernhard on the track.

Flat Rock was our morning tea spot and I think all our participants enjoyed the setting. Then after a vote we headed back up to Kondalilla via the lower rock pools, stopping for photos and another breather or two on our way up the many stairs to the picnic spot.

We had a lovely group of people to share our love of hiking with and I think all enjoyed their day out. My thanks to my car shuttle helpers, Leanda, Peter, Sue, Dink and June and thanks too for their support along the track.

~~ Linda Gregory



Jon, Vaughan, Chris, Peter, Leanda, Linda, Larry, Rod, Verena, Ron, Garry and Neralie

When the alarm sounded well before sunrise on that cold winter's morning I momentarily questioned my sanity. There was, however, no turning back now...time to get up and lock in that sense of adventure that we had been advised to bring with us.



12 like-minded souls gathered at Woodford before car-pooling to the beginning of the walk in the Mt Mee section of D'Aguilar National Park. The day was a real mix of walking. Initially we followed a few trails with some bush-bashing thrown in. This progressed to a quite steep descent into Byron Creek and ultimately Byron Gorge. The creek was fantastic - quite open in parts with large slabs of rock, plenty of stunning swimming holes, rock overhangs, cliffs, a bit of exposure and numerous waterfalls. Despite rain in previous weeks the water level appeared to be quite low with the pools needing a good washout. On the whole the rocks were pretty dry and perfect for a mix of rock hopping and scrambling.

At the bottom of the gorge a side creek provided our exit route. We followed this up, scrambling around waterfalls where necessary. Near the top of the creek a short scrub bash took us back to the road not too far away from our cars.

A fabulous creek walk. We covered approximately 10km in 5 hours which included morning tea and lunch stops. Am really pleased I did get up for this one!

~~ Neralie Carr

Gheerula Falls via Ubagee camp Kondalilla National Park 23 June 2019



Gheerula Falls walk was lead by Ian Greggery a big thanks to Ian for leading a great walk this walk, apart from a short section, is along Delicia Road. This circuit follows the Sunshine Coast Hinterland Great walk track, taking in Gheerula Falls and Ubajee walking camp. The track took us through tall eucalypt forest and rainforest.

The meeting point was Mapleton Library. We had about 15 walkers and 6 new people joined us on this walk. It took us about 3hrs starting with a short walk into the national park and then out onto the Delicia Road for a short distance. We then entered the forest. The track was in good condition and easy to walk, and we headed up the switch back and onto the Falls. There was not a lot of water coming down but was still a nice sight.

We headed back across a small creek, continuing up the track close to Ubajee walking camp for morning tea. It was a

great vantage point to see across to the mountains and valley below. After a short break we went through the camp and into a wide track with big eucalypts trees either side. The track was flat and wide. Then we headed back into the forest, the track was

undulating with a few tree roots across the path in places. Heading back to the car park, the walk was about 11km and took about 3 hours finishing the walk about 11.45am.



The weather was great with a beautiful clear day to see the view.

~~ Sandra Lacadou-Wells



Baxter Falls 30 June 2019

A beautiful day after a week of rain and showers. Early morning mist, blue sky and a beautiful cloud inversion down in the valley behind Montville. My first walk for quite a while with a lot of people I did not know and we met up beside the road with Julie organizing a large group of 18 people. Some appeared to be Bushwalkers and others were recreational walkers of various descriptions. Julie set about introducing herself and explained the Bushwalking protocol of travelling with a group and any pitfalls that we may have to deal with. Being on the outer I kept to myself as I did not know anybody there at all. She also asked for a volunteer to write a trip report for the club magazine. She was

immediately drowned with a wall of silence and I thought someone has to do it and as I once got a C minus for English Expression at high school, I volunteered.

Off we set going downhill (which just happens to be my favorite direction) following an old Forestry road which enabled people to walk two abreast and have a bit of a natter. Because of the rain there were a few puddles and boggy sections on the track and most of the people tippy toed around the edges while the older fogies just ploughed through the middle.

After a short while we reached the turn off to the Flaxton Walkers Camp. From here the track turned into a single lane and passed through a few ferns and grass trees before it then went down towards the creek which was maybe 300m below. Thankfully it was not straight down but lost height via a zag, zig path. I am trying to be politically correct here as any bushwalker worth his salt will tell you a zig, zag path is when going up hill while a zag, zig path is the correct terminology for going down hill. Lots of beautiful big timber on this section with a splattering of Turpentine and Blackbutt and further down some Blue Gum, which may have been Flooded Gum. We came out at the suspension bridge just downstream from the falls. Due to the recent rains the falls were running at a good level. At this stage we were allowed a bit of free time to have our morning tea with various goodies materializing. I noticed Julie had a cake that she was passing around.

I thought this was an easy walk but my lack of fitness was starting to show. A pity it did not affect the other 17 while one mathematically inclined fellow gleefully informed me that there was two hundred and thirty five steps on the way up. I couldn't believe that and I was going to go back down and do a recount but because I would have to take my boots off if the number exceeded ten then I decided against it. Eventually we got back to our cars at eleven thirty after a vigorous work out zig, zagging up the hill.



The walk was very well run by Julie as eighteen is quite a number in a party to keep tabs on and to keep happy. Not only did Julie do a great job but also her helpers for keeping watch on the crew and explaining the joys of Bushwalking. Walking in a club is enjoyable not only for the walk but the company you keep and the combined knowledge of all the participants. It is a team thing.

Thank you Umpire, thank you linesman, thank you ball boys.

~~~ Lances Ramblings



**Cooloola Widerness Walk – Northern Section**  
**30 June 2019**

**Leader: Russell Stark**

This walk started from Mullens Carpark on Rainbow Beach Road, about 50km east of Gympie. This is the northern starting point of the Cooloola Wilderness trail, which is about 48 km in total going from our starting point to Elanda Point in the south. Our section of the walk was approximately a 9km walk in and returning on the same track.

There were 9 of us on this walk, on what turned out to be a

lovely warm winters day after rain the day before.

This section of the trail is fairly flat and crosses the Noosa Plain. The vegetation ranges from tall eucalypt and banksia forest to low wallum scrub. The track is a well-formed sandy track that made for very comfortable walking. Due to the amount of rain the coast had received prior to the walk, the track was quite boggy in some sections and we got our feet wet crossing a couple of little creeks.

Our destination was Neels waterhole where we stopped for morning tea after about 2 hours. This is also the first camp site on the trail. The waterhole was a lovely place to take a break with lots of shade and sandy banks to sit on. The waterhole was very full and running quite fast and we decided to keep our feet dry and not cross over to the other side where the camp site is. We spent a good half hour or so here enjoying our morning tea in the peaceful surrounds.



Our walk back was broken up with a lunch stop on the side of the track and Russell was trying to get his bearings for a future exploration to find a way across from this trail to link up with the Cooloola Great Walk to make a circuit track. We found ourselves walking up some slight inclines on the way back, however we couldn't remember walking down hills on our way out. I guess you always remember the ups, but not the downs. There were some lovely wild flowers and fungi along the track which Linda enjoyed photographing and identifying. The area is well known for its wild flowers in Spring.

All up, we were out on the track for almost 6 hours, and we covered a distance of about 19km. This walk was a very comfortable long day walk, and it has given us a taste for taking on the 3 to 4 day through walk to complete the whole trail. Food for thought for a future activity.

Thanks for the lovely company of all on this walk and to Russell for showing us the way.

~~ Karen Edwards



## Kirbys Road – Weekend Exploration & Camp 13-14 June 2019



Leader: Peter Nagel

Kirbys Road Environmental Reserve is 213ha. It provides a key habitat linkage between Kondalilla and Maleny National Park. Access is via gravel road, rather steep and slippery in places. The campsite is

surrounded by lovely, green bush with a great variety of birds in it. There is also a creek. It is a very serene, unspoiled place and hopefully it will stay that way.

We had fun walking through the bush and admiring views from the top of the ridge. They were truly magnificent! The weather was very pleasant too and after a day of walking we could sit around the camp fire at night and enjoy our dinner.



Thanks Peter and the helpers for a great weekend!

~~ Eva Zacher-Maj

# Mt Coolum – Coolum National Park

## 21 July 2019



Leaders: Rod & Karen Edwards

We had a group of 20 on this walk, including Paul, a visitor from Tassie who was a great source of information for those of us heading to the Apple Isle for future walks. We commenced the walk from Yaroomba Beach, walking south for 2km, exiting the beach to walk up the boardwalk which looked straight up to Mt Coolum, our next destination. Once we got off the boardwalk, which is a very pleasant walk in itself, we walked north along the shaded pathway and then on to Tannah Street East and then up to Mt Coolum.

We staggered the group walking up Mt Coolum to try and reduce the congestion on the climb up. This seemed to work quite well and we still all arrived around the same time. The viewing platform had been completed only the day before, and we took full advantage of this, using it to sit on for our morning tea break, while enjoying the spectacular views. We were also able to walk to the southern viewing platform and view the work being done on the new airport runway.

Once we all re grouped down the bottom of the mountain we headed north towards Coolum, along the roadside pathway. After about 3km we turned right onto the bush track that heads south along the coastal headland. This is a beautiful shaded sandy track and there are a number of magnificent viewing spots along the way which we stopped at to admire the ocean and look out for whales. Unfortunately the whales didn't want to be seen that day, but we enjoyed keeping an eye out for them anyway.

When we got to Point Arkwright, there was a wedding ceremony taking place, which we enjoyed watching for a short time. I don't think they were expecting a group of 20 bushwalkers to attend the ceremony. Following this, we walked on to the beach again and back to our starting point. The walk itself was about 11km and took just over 3 and a half hours.

We ended the walk in the park with a sausage sizzle cooked by Rod on the Weber, and some of us also got coffees from the local coffee shop up the road. This was a lovely way to conclude this somewhat social walk, and seemed to be thoroughly enjoyed by all. The Weather Gods finally blessed us with some good winter weather that also helped to make it a very pleasant morning out in our beautiful part of the Sunshine Coast.



~~ Karen & Rod

## Mt Beerwah – East Route 29 July 2019



A fabulous morning was had by all seven climbers today (Neralie, Gary, Peter, Sue, Sam, Jon and Cheryl) as we made it to Mount Beerwah's summit and back. A perfect day for climbing with intermittent cloud and a cool breeze. Our intrepid leader Peter introduced us to the East route, a different path to the main route normally followed.

It felt like we had the mountain to ourselves as we navigated the steep ascent, stopping often to admire the amazing view of Mount

Coonowrin (Crookneck), surrounding Glasshouse Mountains and farmland below. The climb itself was very scenic with wattle and Heath in bloom and red gums to shade the way. We explored several rocky outcrops and a cave, teetered on some pretty scary ledges, and pushed our way through shrubs and bushes. We took advantage of recreating the '1932 photo', before enjoying our morning tea.

Making it to the summit was fabulous but nothing to the feeling of accomplishment when returning back below. We took the main path down, following the chain of people slipping and sliding down the very well worn track.



The 'organ pipe' rock formation was beautiful and the sheer enormity of the escarpment, quite breath taking, as we made our way around and then under a small section.



Finally back at the picnic ground, legs a little shaky from the exertion, scratches over arms and legs, hands and fingers black from pulling ourselves up rock faces, but so very satisfied.

Thanks Peter for leading such a great walk, keeping us on track and safe!

~~ Sue Travers

# What is Wilderness?

Wilderness is more than just land in natural condition.

Wilderness is a place where a visitor can have a profound sense of being immersed in nature, largely unaware of modern technological society.

It is a place where natural systems thrive across entire landscapes.

For this to be possible, wilderness must be:

- > in a largely natural condition;
- > physically remote from infrastructure such as dams and buildings;
- > remote in travel-time from access points such as roads and airstrips; and
- > primitive - largely free of the sights and sounds of modern society (such as low flying aircraft).

*In short: Wilderness is land that is natural, remote and primitive.*

Download the article from Tasmanian Parks Association

[tnpa.org.au/refining-wilderness/](http://tnpa.org.au/refining-wilderness/)



~~ Submitted by Peter Fowler

## HAPPY WALKING

And don't forget.....

You're not lost if you don't  
care where you are.

