

THE TRUDGE

December 2019

SUNSHINE COAST BUSHWALKING CLUB

www.scbwc.com

Club meetings are on the first Monday of each month (excluding January)

7:30pm

Buderim Craft Cottage

corner Main St and Church St, behind Buderim War Memorial Hall

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled walks and activities are listed on <http://scbwc.com/walks/>

Committee Members 2019-2020

President:	Peter Nagel	pres@scbwc.com
Vice President:	Ian Gregory	vp@scbwc.com
Secretary:	Loretta Taylor	sec@scbwc.com
Treasurer:	Cheryl Stevens	treas@scbwc.com
Walks Co-ordinator:	Rod Edwards	walk@scbwc.com
New Member Officer:	Karen Edwards	enquiry@scbwc.com
Hire Equipment Officer:	Joe Kirkpatrick	equip@scbwc.com
Librarian:	Gerard Gallop	cooroora35@gmail.com
Digital Media Officer:	Julie Nunn	media@scbwc.com
Grants Officer:	Peter Fowler	grants@scbwc.com

Non Committee Positions

OH&S Officer	Malcolm Rodley
Assistant Treasurer	Pam Sanders
Abseiling Officer	Peter Fowler
Refreshments Co-ordinator	Lorna Hegarty

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email media@scbwc.com if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.



Mt Tibberooowuccum – Trachyte Circuit 3rd November 2019

On Sunday 3rd November we met Marilyn at the Mt. Tibrogorgan car park and 15 intrepid walkers headed off to climb Mt. Tibbererwoocuum .



After a bit of a scramble up to the top well worth the effort the view was spectacular taking in a 360° of the surroundings.

Then we headed back down to pick up the Trachyte Circuit around the base of Mt. Tibrogorgan along with many other bushwalkers off for their Sunday Hike (in the case of a group of young men who were running the track).

After a morning tea stop at

Jack Ferris Lookout and refueling we headed off to complete the circuit and back to the car park.

Being newish to the Sunshine Coast I appreciated the talk Marilyn gave on the history of the Glass House Mountains - thankyou-

We stopped at the Cafe and fruit shop just down the road and brought the juiciest pineapples I have had in ages - a good day out.

~~ Lindy



Mudjimba Circuit

10th November 2019

On Sunday 10th November, ten walkers set off from Mudjimba Surf Club on a lovely sunny morning under the leadership of Russell Stark. Despite the devastating bush fire north of us the smoke wasn't noticeable.

We walked through Mudjimba Conservation Park then crossed the road and entered into Novatel Twin Waters. We walked through the resort and came out on the Maroochy River where every man and his dog were enjoying frolicking in the beautiful clear water. We stopped for smoko under a tree - Russell was the only one who ventured in to the water to cool off.

Rejuvenated, we continued to the river mouth, then north along the beach back to Mudjimba. All up about three hours and 9.5 kms on an easy pleasant Sunday walk. Thank you Russell.

~~ Pam Sanders



Maroochy River Paddle 10th November 2019

Tour Leader: Rod Edwards

Attendees: Rod & Karen Edwards, Peter Fowler, Neralie & Gary, Eva, Ron & Varina Nissen

Waterway: Coolum Creek, Maroochy River, 10kms



The Islands of Bli Bli might sound fictional, but they are real -- they are a cluster of four lush mangrove covered islands in the Maroochy River, which we paddled around on Sunday. This paddle started at the site of an historic wharf in Coolum Creek -- apparently up until 1922 this was the only way for mail and groceries to get to Coolum. Rod led us south down the Coolum Creek about 1km into the Maroochy River for a closer look at the islands and a Wetlands Park before

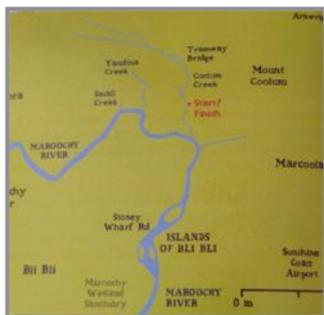
stopping for morning tea and our return paddle.

It was a calm, beautiful day as the smoke haze had lifted as we admired each others equipment, and quickly launched the 8 kayaks.

As we drifted down the creek, we saw a number of herons and ibises in the trees, then turned into the river and followed it down and around the islands. We hovered at the entrance of one of the channels, as Rod took a photo of Mt Coolum looming behind the river and us, then headed into to explore the channel between the islands. We saw fish jumping, many birds and lots of crab pots, but the highlight was seeing the Sea Eagle, high in the tree watching us, before he launched into a thermal circling ever higher.



Reaching the pontoon at the Wetlands, we could peer into the clearing and see a shelter, but then headed over to a sandy/mangrove beach for morning tea.



On our return journey, we saw many jetski riders, fishing craft and one power boat with a wave ski towed behind, but we were happiest reaching the Coolum Creek, to now see 2 Sea Eagles, a female dart and several herons and a kingfisher perched beside our landing point.

After such a successful tour, we were all left asking ‘Where to next, for our intrepid paddlers?’

Note: The official website for Coolum Beach, says the name Coolum “would appear to be derived from the local Aboriginal word ‘gulum or kulum, meaning blunt or headless, referring to the shape of Mt Coolum which has no peak. According to Aboriginal legend, Ninderry knocked off Coolum’s head and it fell into the ocean and is now Mudjimba Island”

-- Varina Nissen

Coastal Walk South

17th November 2019



Leaders: Dale & Ursula Bowden

It was a hot and humid day with a thunderstorm and possible hail predicted for the afternoon.

But we were prepared for the heat and had shortened the route accordingly to suit the hot weather and would be back before the thunderstorm and worse broke.

There were 11 of us including 3 prospective members and all were in good spirits.

We started in Crummunda Park at Currimundi, crossed the Nicklin Way and disappeared in the bush across the road. The covered track follows Currimundi creek until we crossed it and then turned west towards Kawana Forest.

There is a lovely unspoilt stand of forest which we wanted our participants to see, so we did a small loop through this area. From there we were aiming to find a suitable place for coffee

and because we shortened the route somewhat had to negotiate a small section of road towards the new hospital complex where the Good Bean café was waiting for us.

Everybody enjoyed the coffee, the break and a small something to eat before we headed to the “IDIDIT” statue where we took some group photos.

Then the track went eastwards towards our starting point, a bit of road, a bit of canal track and we arrived at the ocean where we spent a bit of time at the new shelter overlooking the lovely beach. The last section was mostly under cover again on the coastal track and we were back at the cars by 12.00.

~~ Ursula & Dale Bowden

The Veteran Bushwalker

I'm a veteran bushwalker, with legs somewhat wobbly
My boots have collapsed, my knees a bit knobbly
My hair's become sparse, my eyes aren't as twinkly,
And putting it bluntly, the skin's a mite wrinkly.

I still love the bushwalks at the end of the week
And consider myself elderly, but not quite antique.
My speed on the uphill, seems to lack clout
If I push it too fast, my head will spin out.

I can't read the compass – the numbers are small
Where are we heading? Why **do** this at all?
I'm not getting deafer, its just people speak lower
The young ones move faster – I'm not getting slower!

For the top of Mt Barney, I pray for a miracle
When the rock scrambling's hard, I get hysterical.
I often feel tired and develop a thirst
Downhill is worse, my knees want to burst.

When we all take a breather, the others are chatty
I chew on those mars bars and admit my tum's fatty.
To tie my shoelaces, I bend to the ground
And bloody near faint, with my head going round.

I can look back and say, "Well I had lots of fun"
I still walk the mountains, but creeks I do shun.
Rock-hopping when slippery, plays up with my hips
When I'm one "K" behind, the group utters quips.

I've endured heavy packs, ticks and vulgarity,
Leaky tents and hard beds – this gets to my sanity!
Next time I'm out walking and almost expired,
I'll take off my daypack and say, "I'm retired".

Submitted by Brian Manuel (read at a previous club meeting)



SCBWC Christmas Luncheon
8th December 2019
12:00pm – 4:00pm
Maroochy Bushland Botanic Gardens
Arts and Ecology Centre
51 Palm Creek Road Tanawha
BYO drinks and drinkware
(members providing salads and desserts)



The **Emergency+** app is a **free** app developed by Australia's emergency services and their Government and industry partners.

The app uses **GPS functionality** built into smart phones to help a Triple Zero (000) caller provide critical location details required to **mobilise emergency services**



HAPPY WALKING

And don't forget.....

You're not lost if you don't care where you are.