

# THE TRUDGE

November 2019

SUNSHINE COAST BUSHWALKING CLUB

[www.scbwc.com](http://www.scbwc.com)

Club meetings are on the first Monday of each month (excluding January)

7:30pm

Buderim Craft Cottage

corner Main St and Church St, behind Buderim War Memorial Hall

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled walks and activities are listed on <http://scbwc.com/walks/>

## Committee Members 2018-2019

President:	Samantha Rowe	0439 310 414
Vice President:	Ian Greggery	0427 696 606
Secretary:	Loretta Taylor	0419 743 339
Treasurer:	Cheryl Stevens	0429 154 133
Walks Officer:	Peter Nagel	0409 754 202
New Member Officer:	Rod Edwards	0407 965 254
	Karen Edwards	0407 965 300
Hire Equipment Officer:	Joe Kirkpatrick	0412 754 333
Librarian:	Vacant	
Digital Media Officer:	Julie Nunn	0419 534 551
Grants Officer:	Peter Fowler	0407 715 249

## Non Committee Positions

Assistant Secretary	Ann Marie Ford	0438 421 759
Refreshments Co-ordinator	Lorna Hegarty	0412 319 197

Email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to [trudge@scbwc.com](mailto:trudge@scbwc.com)

Members should email [media@scbwc.com](mailto:media@scbwc.com) if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.





## AGM - President Report 2019

Another busy year for our club with new people to meet, new activities to enjoy and just having a fun time in our lovely area of SE Queensland.

This year saw the Sunshine Coast Bushwalking Club continue its strong relationship with Sunshine Coast Council with leading walks for the **Healthy Sunshine Coast Program** and also the commencement of a Memorandum of Understanding, and undertaking planning / track development at Kirby Road Environmental Reserve. These programs have all been funded through grant applications that have allowed the club to continue to subsidise our members with First Aid certification. The good news is that the subsidy will continue into 2020 for those members interested.

The club also applied for a State Government **Get Going Grant** to assist with the abseiling activity undertaken by the club. This successful grant allowed the club to offer training / certification in Remote First Aid, Vertical Rescue, Vertical Mobility, Abseil Guide, additional equipment and member general activities at Indoor Rock Climbing and Tree Top Challenge course. This will ensure that our abseiling activities are not only enjoyable but also safe. The inclusion of an Abseiling Co-ordinator to the club also highlights the work Peter Fowler has put into this activity.

Karen and Rod Edwards led the club into designing a new club logo for the new club shirts, club brochures and a new banner to display at either promotional events or club activities.

Our website is also undergoing a change with Julie Nunn assisting with the change to our new service provider, updating the website to include the new club logo and objectives. Julie and Ian Gregger also introduced digital technology to us with a Facebook Club Page for members only. This has been a great tool for us to share information about our activities past or coming and also keep us updated on track and park closures.

Our club continues to be prosperous with strong membership numbers, walks / activities full with eager walkers and also good attendance at our monthly club meetings. It has been great to see our existing members be so welcoming to all our new members that have joined. Please take time out with others on day and through walks, social outings and at our club meetings to make all feel welcome.

Those that lead the activities for us to enjoy are just “legends” and it is great to have new leaders becoming involved in the program for 2019 /2020. With the larger membership numbers, more activities are needed to be offered which means dependence on our leaders to offer more of their time. So next time a leader asks for a Trudge report volunteer, just reflect “*the leader has taken time out so I can enjoy my day, a short report on the fun I had is the least I can do*”.

I would like to thank our wonderful 2019 committee for once again a busy year. The committee of Ian Gregger, Loretta Taylor, Cheryl Stevens, Peter Nagel, Joe Kirkpatrick, Karen and Rod Edwards, Julie Nunn along with non committee members Peter Fowler, Lorna Hegarty and Anne-Marie Ford were great support, assistance and fun to work with during the year. They have put time in for all our benefit so when you see them next time, please say “*thanks*”.

This is my final report as President after four years in the role, and so I find myself not only reflecting on the last year but also further back. I was once asked what was my proudest moment at that stage as President and I can honestly say that there hasn't been one but several. The club is a very strong club financially, in membership numbers, our activities and leaders and the quality of the people involved. I really have enjoyed the last four years and thank you all for your support.

Sam Rowe  
President

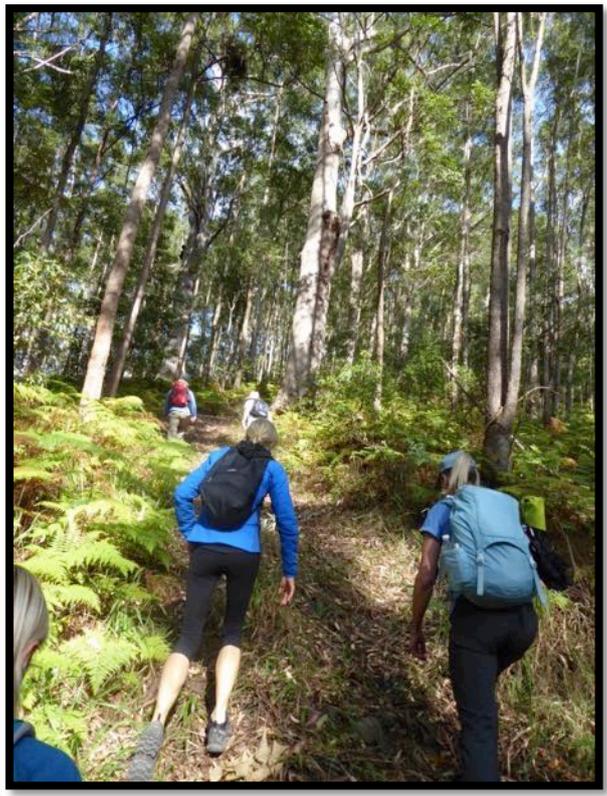


**Bellthorpe NP**  
**Full Nonmus section**  
**15<sup>th</sup> September 2019**

Our mostly off track hike was shortish but nevertheless I think we all felt it gave us a good work out.

After meeting at Beerwah, we car-pooled to the start of the hike on the Maleny/Stanley River Road. Then we were off on the fire trail and as Jon had promised were soon on a steep climb up.

After catching our breath we then negotiated our way down a very steep descent to a rocky creek bed, crossing Postmans Track on the way. The creek bed was fun to negotiate, with quite a bit of wait-a-while, while spotting a small carpet snake and a freshwater yabby adding to the fun. We branched off the creek bed through a small gorge, all the while slowly ascending again. It was a short climb after exiting the gorge to make our way back to the road. From here we had a 1 km leg stretcher back to our cars. Thanks to Jon for organising this new hike for the club.



~~ Linda Gregory

## Carol Creek and Point Glorious 29<sup>th</sup> September 2019

The last few times I was in Carol Creek, there was a scary cliff to climb to the left of the biggest falls. This was about 12 years ago. I remember some ladies quaking with fear when they had to climb up the exposed cliff. There were dubious hand-holds and one small tree to somehow trust. The void gave an edge of fear with its scary fifteen metres drop to the black rocks below. Usually a more agile climber went ahead and gave a hand to the others.

As we started up Carol Creek, the pictures of the past flashed in my head and I was slightly nervous.

But today's scramble of Carol Creek was different. This walk featured many "falls". The rocks in the creek bed were slippery with a mossy slick. Even though the nine of us were very careful and walked slowly on the wet rocks, we all had "falls". Luckily we didn't hurt ourselves, only some skin off and some embarrassment. We travelled up the creek by three methods; by picking our way along the creek bank with its scrub and vines; by walking directly on the dry creek-bed rocks; and by scrambling around the sides of little cliffs.



Then we reached the biggest falls, the one I was dreading. No water was flowing, but there were numerous black pools. A lot more bushes and trees were growing on the side cliffs, so this made the landscape very different. Peter led the way by scrambling up and using ledges. We all followed him successfully without any problems. Having more bushes and trees to grab made it so much easier.

Further upstream, we deviated from the creek by climbing a steep hill on the right, which brought us to an old forestry 4WD track. From here, we stayed on-track to Point Glorious Lookout with its great views. It was such a delight to watch a tiny Crimson Honeyeater sucking nectar from the grass tree flowers.

Just before midday, the downhill return journey was started, using rough 4WD tracks that had locked gates. Lunch was enjoyed under a large spreading gum tree, true Aussie style! On the side of the road, the blackened landscape from the recent bushfires was a reminder that we were walking in the driest month of the year. September is fire season here. We arrived back at our cars (parked near the Starlight Hall) after an outing of 5 hours 50 minutes. The distance covered was 9 ½ kilometres. Elevation gain was 382 metres. Bushwalkers: Peter (leader), Leanda, Vaughan, Linda, Chris, Katherine, Sam, Julie and Michelle

~~ Michelle Freeman

**Kin Kin Walk Trail 2**  
**Noosa Trail Network**  
**6<sup>th</sup> October 2019**

Leaders: Ursula & Dale Bowden

We had 8 members and 1 prospective member on this walk.

This Kin Kin No 2 is our favourite in the Noosa Trail Network and again, it did not disappoint.

There is so much variety: open fields, farms with cattle and poultry, forested sections with evidence of koalas and echidnas and a family of kangaroos sheltering in the shade of some trees. A beautiful green frog looked a bit lost and had us concerned but he was near some water! We saw and heard lots of different species of birds.

We encountered one other 'walker' from 'down south' who warned us of tiger snakes as he had seen 8 of them on the road nearby!!! Well, you meet all types!!! We did not see a single snake and certainly no tiger snake!

After 17+ kms of "ups" and "downs" we were all pleased to get back to Kin Kin and our cars.

Thanks to all the lovely people who participated!

~~ Ursula & Dale Bowden

**Chinaman's Creek – Up Near Witta!**  
**13<sup>th</sup> October 2019**

With several tracks closed on the Sunshine Coast area due to bushfire risk, and then the heavy rain fell a short notice change in plans from Frog Falls was required. A hike out in the Maleny National Park it was.

Maleny National Park has several sections of park in the Sunshine Coast Hinterland. The section Linda, Helen, Jenny, Lindy and I walked in is not on the QLD Parks website, so it is a hidden gem on the coast.

The drive out to the start of the walk through the area of Curramore is splendid with lush pastures, for cows and horses to enjoying plus also the grass on the roadside, and tremendous views out to Kenilworth and across to Mapleton. The track starts at the commencement of the national park and follows a firetrail circuit through a variety of woodlands and rainforest for 12kms. After the recent rain the stress in the forest had been removed and the bird variety seen / heard was large. At the completion of the walk, lunch was enjoyed at the Obi Valley Lookout on Schultz Road.

Our destination for the walk was Chinaman's Fall and on this visit, they couldn't be found. Next time they will!

~~ Sam Rowe

## **Mt Ninderry - Council Partnered Walk 13<sup>th</sup> October 2019**

This council partnered walk was originally supposed to be from Baroon Pocket Dam to Kondalilla Falls. Unfortunately due to ongoing threats of fire and closure of the track by QPWS we were forced to look for an alternative. So Plan B became Mt Ninderry near Yandina.

We woke on the Sunday to a beautiful clear sunny day which was in stark contrast to the showers of the previous day. Five council walkers, six club members and two prospective members (doing their 4th walk) met up at the picnic shelter at the base of Mt Ninderry. Leaving the picnic shelter we followed a well-made track through the bush. The track was fairly gentle with a few ups and downs before reaching a steeper rockier section which has recently been constructed by council. Halfway up we stopped at one of the rocky outcrops to catch our breath and enjoy the view. Once up the top the track flattened out and we meandered between various lookouts that offered spectacular views from Noosa in the north, Mt Coolum in the east and south to Maroochydore and Mooloolaba as well as views overlooking Yandina with the Blackall Range in the distance.

We had morning tea at the lookout overlooking Yandina before returning via the same track that we ascended the mountain. An enjoyable morning out - a short walk with good company, great views and a good hill to elevate your heart rate.

~~ Neralie Carr



## Gateway Bridge return Morton Bay Bikeway Cycle 20<sup>th</sup> October 2019

Our cycling group left Nudgee Beach at 8.30am.... it was surprising to see how many other groups were assembling at that time for various activities.

Nudgee Road took us to the “Jim Soorely” bike path, which comes out at Toombul Shopping Centre.... from there is was various bike paths, back streets and nature reserves until we were at Cullen Ave at the base of the Gateway Bridge. Then low gear and up hill to the bridge centre which gave us excellent views east.

We had morning tea under the bridge on the Southside.

The return journey was via Apollo Road, Boolumba, where we boarded the river cat over to Hamilton and then cycled up Race Coarse Road to connect with our cycle path. Points of interest along the cycle path were of the women’s prison from 1830 and “Hanger 7” from WWII where planes were assembled.

Many thanks Russell and Vicky, a great day out and apologies to those who missed out as the activity was full.

~~ Malcolm Rodley



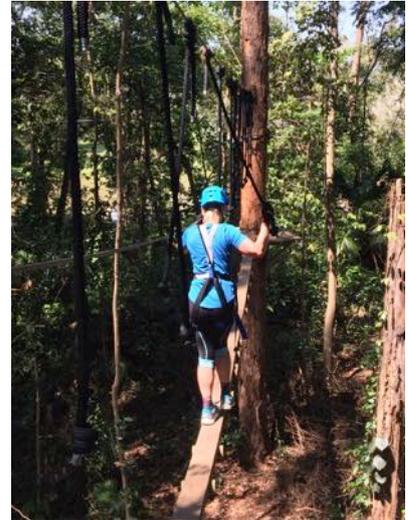
# Tree Top Challenge 20<sup>th</sup> October 2019

32 members took on the Treetop challenge which kept us busy all Sunday morning and beyond climbing tree ladders, balancing on thin wires high up in the tree canopies and ziplining at high speed from one tree to another. There were green blue red black and double black challenges.

Quite a few did the black but no one managed the double black although Sue Travers did climb the vertical black rope of the black challenge but beyond was left for another day. Lou was also seen with his legs wrapped around the black rope, did he succeed ? You will have to ask Lou.

Challenges and apprehensiveness for all skill levels !

~~Peter Fowler



## Gerringong – Kiama Weekend 24<sup>th</sup> – 27<sup>th</sup> October 2019 Introduction

6 of us (Linda, Leanda, Peter, Brian, Sally and Marilyn) set off on our Kiama bushwalking adventure from the Sunshine Coast Airport on a magnificent Thursday morning.

Although our journey did not proceed at the pace we had hoped for, with both Virgin and Jetstar flights being delayed for one and a half hours, we eventually met up with Sam and David at Sydney Airport, from where we drove down to our destination (Gerringong), stopping on the way to pick up supplies.

3 of our group (Dale, Ursula and Joanne) had set off by road earlier and were patiently waiting in Gerringong. Due to our late arrival, we just dropped our luggage at our accommodation and headed straight out to the Gerringong pub for a most enjoyable dinner. We were very grateful, after such a long day, to not have to cater for ourselves on that first night.

It was only the next morning that we had a chance to appreciate the stunning view from the verandah of our rented house.

~~ Marilyn Schrapnel

### Day 1 Walk

We set off from our Geeringong house with Peter driving & Sam navigating. There were a few disagreements about directions but we got to Barren Grounds & commenced our walk. The wild flowers were out so the camera buffs were going nuts. We did a Loop Walk of about 8 kms. After lunch, we drove to Carrington Falls & did the Missingham Loop. Dale & Ursula sat on Mrs Wallis's Chair. Because of the many wild flower stops, the first 1km took 45 minutes. We returned to our house where team A prepared a great dinner. Our chefs were Linda, Leanda & Peter.

~~ Sally Clem



## Day 2 Walk

We are gazing out over the view of the Werri Beach and the ocean to find the inspiration to write the Trudge report.

The day started with a leisurely stroll to Gerringong train station to start the day. Boarded the little train and alighted at Kiama. The group wandered around Kiama, the markets and charged up with coffee and morning tea before starting the 12km walk back to Gerringong.

We started at the lighthouse and stopped at the Kiama 'big' blowhole but it had run out of puff. The 'little' blowhole was much more impressive. The walk followed the coastline along the headlands and across small bays and beaches. Impressive views from each headland looking down the coastline of rolling green hills. Spectacular cliffs with massive rock shelves that have not eroded. Stopped for lunch under a large shady tree overlooking Easts Beach.

The walk was dotted with interpretive signage about the geology, vegetation, aboriginal heritage and history of land settlement and importance of the train line to the development of cedar timber and dairy industry.

We finished the walk at Werri Beach and walked wearily back up to our accommodation in Gerringong for the obligatory nibbles, good cheer whilst soaking in the afternoon warmth on the balcony gazing out on the magnificent view over Werri Beach.

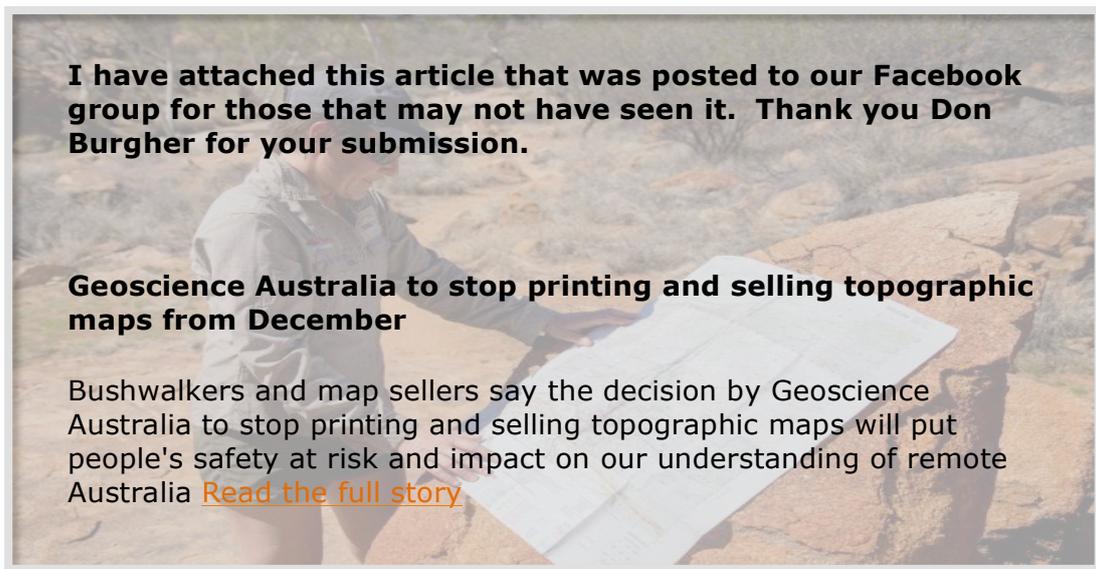
~~ David Kettle



## Mt Ninderry Waterfall Walk 27<sup>th</sup> October 2019

A warm and clear sunshine coast morning greeted the group with a bit on intrigue to explore Mt Ninderry from a different perspective. The walk started on the south western side of the reserve and the group head uphill to explore the western side of the reserve, then travelling back down to the creek and following paths to the waterfall that many of the group had never seen before. The uphill climb then began following a bush path until the last 150 metres of scrambling to a rocky outcrop that provided panoramic views of the Blackall Ranges and Yandina. A stop here for morning tea before following the main trail to the eastern lookout before heading back to our starting point. Overall the group covered just less than 6km and over 350m of ascent.

~~ Peter Nagel



**I have attached this article that was posted to our Facebook group for those that may not have seen it. Thank you Don Burgher for your submission.**

### **Geoscience Australia to stop printing and selling topographic maps from December**

Bushwalkers and map sellers say the decision by Geoscience Australia to stop printing and selling topographic maps will put people's safety at risk and impact on our understanding of remote Australia [Read the full story](#)

## REMINDER

The Trudge no longer includes the walks program. Please go directly to the website, [www.scbwc.com](http://www.scbwc.com) for any information you may require.

Trudge submissions will only be received via email on [trudge@scbwc.com](mailto:trudge@scbwc.com)



## HAPPY WALKING

And don't forget.....

You're not lost if you don't care where you are.