

THE TRUDGE

October 2019

SUNSHINE COAST BUSHWALKING CLUB

PO Box 287 Buderim QLD 4556

www.scbwc.com

Meetings are monthly on the first Monday (*excluding January*)
7:30pm at Buderim Craft Cottage
corner Main St and Church St, behind Buderim War Memorial Hall
(*If the first Monday falls on a holiday or long weekend the meeting is held the following Monday*)

Scheduled walks and activities are listed on <http://scbwc.com/walks/>

Committee Members 2018-2019

President:	Samantha Rowe	0439 310 414
Vice President:	Ian Gregger	0427 696 606
Secretary:	Loretta Taylor	0419 743 339
Treasurer:	Cheryl Stevens	0429 154 133
Walks Secretary:	Peter Nagel	0409 754 202
New Member Officer:	Rod Edwards	0407 965 254
	Karen Edwards	0407 965 300
Hire Equipment Officer:	Joe Kirkpatrick	0412 754 333
Librarian:	Vacant	
Digital Media Officer:	Julie Nunn	0419 534 551

Non Committee Positions

Grants Officer:	Peter Fowler	0407 715 249
Assistant Secretary	Ann Marie Ford	0438 421 759
Refreshments Co-ordinator	Lorna Hegarty	0412 319 197

Please send walk reports and photographs to trudge@scbwc.com

Members will be emailed each month with a digital copy of the current Trudge.

Members should email media@scbwc.com if they are not receiving these emails.

If you are a SCBWC member, join our closed Facebook group.



The Trudge will no longer include the walks program. Please go directly to the website, www.scbwc.com for any information you may require.

Trudge submissions will only be received via email on trudge@scbwc.com



October 2019

The SCBWC committee held its second and final meeting for this term late September to review the goals set for the year and prepare for the AGM which will be held on November 4th 2019.

From the committee meeting:

Get Going Clubs Grant was reviewed ensuring abseiling as a club activity was a safe and enjoyable activity. The grant gave training and certification with Top Rope and Vertical Rescue Courses, members activities at the Rock Climbing Gym and Top Rope Challenge, more abseiling equipment where required to be purchased and further extensive first aid training.

The club has worked with the Sunshine Coast Council to enter a Memorandum of Understanding for activities being undertaken by the SCBWC with the council on their Healthy Sunshine Coast program and also the Kirby Road Project. A new grant program has been approved for 2019 – 2022 to support both these programs. I encourage all members to be involved in the Kirby Road Project once the works program has been set.

New club shirts were designed and are available for sale (\$30 – see Karen Edwards at October club meeting), with a new logo. Thanks to the subcommittee who worked not only on the new club shirts, but also a new club brochure and new club banner.

Julie Nunn updated the committee on the change over of our digital technology with the website, email communication and also Facebook group page. This change over has been a phenomenal amount of work and the committee thanked Julie for her efforts. A subcommittee lead by Julie has been established to work on the club website and improvements going forward.

The committee also agreed to continue subsidising first aid courses to members and be involved in the Australia Day Parade / Activities in Buderim on January 26th 2020.

With the growth of the club in recent years, it was agreed that the *non committee positions* could be expanded to assist the new management team. These roles include: OHS representative, Abseiling Co-ordinator, Assistant Treasurer and continuing with Assistant Secretary and Supper Co-ordinator as non committee positions.

I ask all members to consider what they can offer to the club and new committee for 2020 and if you can be involved with either a committee position or non committee position please have a chat with either myself or one of the current committee.

I look forward to seeing you at the AGM or out on a track in the coming months.

Sam Rowe
President

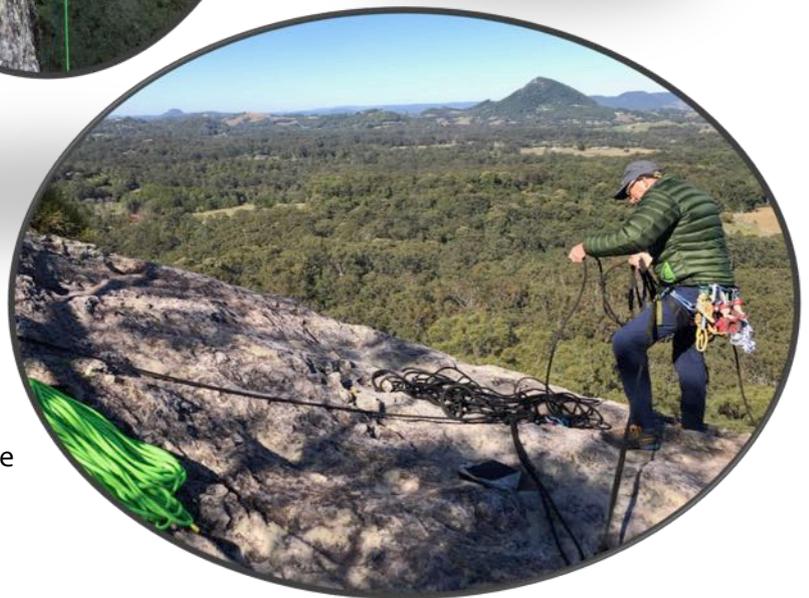
Midweek Abseil Mt Tinbeerwah 21st August 2019

Mount Tinbeerwah is located in Tewantin National Park between Cooroy and Tewantin. It is nestled amongst a delicate ecosystem of rainforest, open eucalypt forest and wallum heath and is home to the endangered Swamp Stringy Bark. There is a need to tread lightly in this environment, take only photographs and leave only footprints.



Mount Tinbeerwah is a volcanic plug that is columnar in places and suitable for abseiling and climbing. The main wall is about 10 to 20 degrees off vertical. The main wall has large steel anchor rings numbered 1 to 24, ideal for anchoring our abseil ropes.

It was a rather cool Wednesday morning for an abseil at Mt Tinbeerwah for Peter Fowler and Cheryl Meligonis. Even cooler out of the sun half way down the cliff face ! We chose the highest of the abseil anchors with a 55 metre almost vertical drop. The 60 metre rope only just reaches the ground!



~~ Peter Fowler

Climbing Guides



Australia

Keep Calm
and
Climb Mountains

Vertical Mobility Training Mt Tinbeerwah

23rd – 24th August 2019

Seven club members signed on for the 2 day Vertical Mobility Training Course with Climbing Guides Australia instructor Mason Minto who has over 27 years climbing and guiding experience. Mason is a registered trainer with The Professional Association of Climbing Instructors (PACI) and lives locally at Gheerulla. Thank you to Mason for his excellent training skills and an enjoyable weekend had by all.

Peter Fowler, Sam Rowe, Russell Stark, Peter Nagel, Caralyn Dean, Gerry Gallop and Lou Gonano spent the weekend at the end of various ropes, going up, going down, tying knots and generally a lot of exposure to height! The group developed new skills and practiced well know skills in Self Rescue, Knots, Fixed Rope skills, Knot Bypass and Setting up Anchor Systems.

Sam Rowe and Gerry Gallop took the opportunity to take on additional accredited training in Vertical Mobility requiring study and an exam! Peter Fowler had previously completed the Vertical Mobility accredited course.

An intensive weekend of acquiring new skills and enjoying the great outdoors with lots of exposure at height!

~~ Peter Fowler



Soldier's Settlement Trail and Yul-Yan-Man 25th August 2019



Yul Yan Man means “Walk slowly” in the local Kabi language which was the 19 walkers led by Matt found appropriate.

Our circuit began at the Soldier's Settlement Trail which starts at the Beerburrum Trail Head. The walking is easy through eucalyptus forest, wild flowers in blossom and over a dry rocky creek bed. This changed to scrambling up some steep rocky sections on the Yul Yan Man track, however, the 360 degree views made the effort worthwhile. After days of smoke haze, the weather was perfect for taking photos of the Glasshouse Mountains.

The track continues along a ridge to several more lookouts. The trail becomes steeper on the sides of the hill and is covered with volcanic rocks. The Yul Yan Man Track is rated at Grade 5 because of some rock scrambling challenges over large boulders. After a steep descent, some walkers returned via the Trachyte Circuit while others, who still had energy, walked up Mt Beerburrum for one last lookout.

This was the club's first walk on the Yul Yan Man track. It is certain to be included on future programs because it is interesting and challenging.

~~ June Hughes





**Old Spikes Hut
Conondale Natl Park
1st September 2019**

On a brisk but fine morning, 12 of us headed off to Old Spikes Hut in the Conondale National Park, led by Russell Stark and co-leader Julie Nunn. By the time we had made it to the top of our first hill, we were ready to ditch the jumpers. Russell assured us that there weren't many more hills to climb. You can't always believe the leaders (ha! Ha!).

Morning tea was enjoyed at Spikes Hut on the banks of Little Yabba Creek. Unfortunately, there were no sightings of platypus.

Along the way, we had approximate 8 creek crossings. We did start off on the stepping-

stones, but found them a little slippery and unstable so we gave up on that idea and just walked through the creeks. At times we were up to our knees in water (hope the shoes are dried out by next week!)

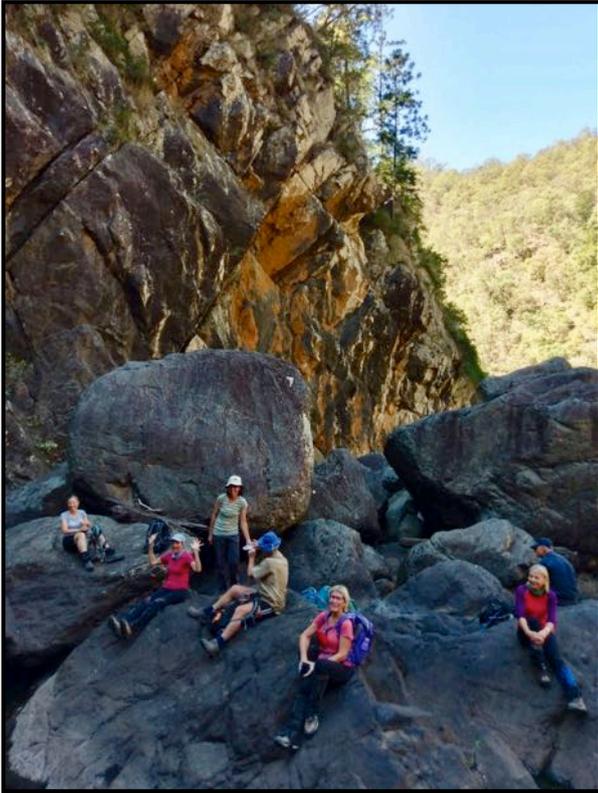
The bell birds were constantly in full song but the highlight of the days was of a rare sighting of two Red Tailed Black Cockatoos. They are also known as Banksian, or Bank's Black Cockatoo

At the end of the walk we all sat at Charlie Moreland's and had lunch. Some even went swimming in the creek.

All in all, everyone agreed it was a beautiful walk, especially through the rainforest after the recent rain.

~~ Toni Roberts





Yabba Falls and Baiyambora Gorge 1st September 2019

Leader – Peter Fowler

The intrepid group of 9 met at the Imbil Bakery, then drove the 4WD road into Wrattens National Park, to commence this hike down 300+m to Yabba Creek. Peter convened us at the top and outlined the 'triangular' hike with a stick-drawn ground map, however many of us were happy to just let him lead us off and down the scrubby bush ridgelines.

The creek water level was a little down, quite normal for the dry winter season, moreover for a while we enjoyed the heat off the rocks as we clambered, scampered and bouldered our way up the creek towards the falls and the gorge – 'just around the bend'. The warm inviting pools, reflecting sunshine was too much for Vaughan who arrived ahead of us and quickly submerged himself, with only his boots protruding on the rock ledge.

The clamber up to the gorge was met with exclamations of joy and surprise, as we regarded the sheer cliffs whilst being screeched at by a protective hawk who was nesting nearby. Our intrepid team decided that lunch should be in the shade

overlooking the creek, after commencing our return journey.

There were many photographic stops, which exceeded the time set aside for such ventures, but who could resist shooting a photo of the gorgeous cascades of rock orchids, tiny leafless orchids or immense staghorn/elk horn that sat abutt a twisted tree trunk.

The total hiking distance was 17.8km with time of 5hrs 39mins, and the elapsed time was a wonderful 7hr day of discovery. However the most rigorous task of the day was the return up the ridgelines, with a steep bush-bash in a thick vegetation, as we clambered, slithered/slid/hiked up the final 300+m to the flat stretch of road.

Then the return to Imbil was a 4wd through several creek crossings and some steep climbs and descent through stands of hoop and bunya pines that made the day very interesting overall.

For those interested in the history of this infrequently visited region:

This canyon, or gorge, is soaked in rich Aboriginal history, in fact, an informal permission was granted to a flora and fauna expedition in 2012, by the leader of the Baiyambora people. This is from the leader of the expedition: "Secluded and difficult to access, Yabba Falls remain largely unknown. Very few have ever been here, and that includes during pre-European occupation era, for this area had negative mythology associated with it when the Baiyambora clan of indigenous people lived in the area.

The Baiyambora people were hosts for annual bunya feasts in the vicinity of the present day Old Yabba Station, when between 200 and 1000 guests (numbers depended on the yield of cones for any particular year) would arrive by invitation to feast and exchange and celebrate. But the gorge that contains Yabba Falls was dangerous and spiritually significant to the local Baiyambora.

I was granted permission by regional aboriginal leaders to take a small group of flora and fauna specialists into the gorge in 2012, provided we were very careful and did not disturb anything in the gorge. I had waited 60 years for this opportunity, 60 years after I learnt about this section of the Falls from my grandparents. The total length of the gorge is about 1km and the height of approx 300m. When we reached the bottom we found a pristine forest of Hoop Pines believed never burned by bushfires before, so very high and rare".



~~ Varina Nissan



Fourteen of us met at Yandina, and car-pooled to the start of the walk. After following a forestry track for a short time, we came to Lower York Creek, and followed it upstream. The recent dry conditions meant that there wasn't very much water in the creek, which in some ways was a good thing, as it would have been quite slippery.

There were a couple of "waterfalls" to climb - again, made easier by the dry conditions. We negotiated those, without much trouble, and with Peter standing by with his trusty climbing tape.

There was one pool with some lovely reflections up onto the rock.

My own highlight was our morning tea stop, when a Richmond Birdwing butterfly fluttered by - such a brilliant green colour - I had never seen one before. Also a crimson honeyeater in a tree nearby.

We made quite good time, and were able to explore further up the creek than we had intended - some shady rainforest out of the sun.

Then we were back at the start, and a surprise gift of some grapefruit from Jon's farm - mine was great. And, naturally on a hot day, back to Yandina Pub for some refreshments.

Thanks to Peter for organising, and to Sam, Joe, Chris, Michelle, Rowan, Jon, Ian, Ilse, Vaughan, Linda, Julie and Sue for your company.

~~ Dot Beatty



Mt Allan Circuit 8th September 2019

The club has often walked to Mt Allan via the Boolumba Creek side, but this time, Jenny and Malcolm made it a circuit via Charlie Mooreland and a connecting track. The variation was interesting.

Eight enthusiastic walkers (Mary, Toni, Dink, Judy, June, Alf, Jenny and Malcolm) plodded up the Mt Allan track for the traditional morning tea at the fire tower. On the way we met 5 intrepid Scouts travelling unaccompanied on a 2 day through walk to achieve their Expedition Challenge award. They were equipped with tents, sleeping bags, food, maps and compasses and were looking relaxed and cheerful. Future club members?

From the summit we descended easily down a steep, poorly maintained road, through a pine plantation to Charlie Mooreland for lunch. One camper had lit a fire, ignoring the well publicized total fire ban and devastating fires at Stanthorpe and Binna Burra!! Incredible!

Lunch entertainment was provided by a scavenging kookaburra and a goanna which frightened some nervous visitors into climbing onto the picnic tables.

We used a lesser known hilly track to return to the cars at Boolumba Creek.

Predictably the outing finished at the Kennilworth Cheese Factory where icecream and yoghurt were welcome revivers.

~~ June Hughes

Coastal Cycle Crummunda Park, Currimundi 22nd September 2019



Nine cyclists started on a perfect Spring day. We rode around the Kawana Cycle ways. We are very fortunate to have magnificent paths, and they are getting better by the week.

This must be a club record. Of the nine starters only five completed the 27 kilometre journey ridden at a leisurely pace. The four “drop offs” excused themselves saying they were heading home. I assure you it wasn’t the company or the coffee as both were top “order”.

Early morning cycling is a great summer activity as you usually finish before it gets too hot.

~~ Phil Pratt

Noosa National Park

15th September 2019



We were joined on this walk by 2 council partnered walk participants, Phyl & Rebakah, who had been on 3 prior Council partnered walks, so they were already quite experienced. Our group of 20 was also made up of 4 visitors 2 being first timers. Helen and Sue assisted us on this walk with making sure our visitors were coping okay and answering any questions they had.

We set off from the park entrance on the western end of Parkedge Road, Sunshine Beach. The first part of the walk took us directly north on mainly shady sandy tracks to the highest point in the park which is called Noosa Hill. From here you can look out north towards Double Island Point, although the view was not clear due to a smoke haze.

From this point it is all downhill until we meet up with the main tourist walking track. The walk along this pathway provides spectacular views of the beautiful clear blue ocean and we were lucky to get some glimpses of whales along the way. Our morning tea stop was at Tea Tree Bay where we sat under the shade of some trees and looked across the beach longingly at the water. There was a koala up a tree along the path which we all took some time to see.

From here we walked along the pathway to Granite Bay where we split up, with the majority electing to go down on the beach and do some rock walking around the little coves before regrouping up on the main track. The walk towards Hell's Gates provided some more whale watching opportunities. We took our group photo at Hell's Gate before setting off again.

Our walk along Alexandria Bay was uneventful with only glimpses of some naturists up in the dunes. Maybe our group of 20 bushwalkers made them a bit shy.

From here it was up and over the headland towards Sunshine Beach where we relaxed in the shade and had lunch. There were no takers for swimming, however our 2 new comers did take the opportunity to get their feet wet.

Our walk from here was only about 45 minutes and took us past some recently burnt (about 4 weeks earlier) bushland behind Sunshine Beach.

In total the walk was about 12.5 km and it took us just over 5 hours with plenty of stops to enjoy the spectacular views that this walk offers. Thank you to Helen & Sue for your help looking after everyone. This is a walk that has a bit of everything and is definitely one that we will lead again in the future.

~~ Karen & Rod



**IT'S TIME TO
RENEW YOUR
MEMBERSHIP!**

Membership fees of \$30.00 per member are now due.

Fees may be paid as follows:

- Direct deposit into the club's Bendigo bank account

BSB: 633 000

Account No: 142347657

Reference: Your name

- Post cheque to PO Box 287, Buderim 4556. Cheque to be made out to "Sunshine Coast Bushwalkers Inc"
- Pay by cash/cheque at the September or October club meeting

Remember that only financial members are eligible to vote at the AGM in November so please ensure your membership is current.

Also please note that payment of the renewal subscription is deemed to be full acceptance and understanding of the Club's Acknowledgement and Indemnity Agreement found on the club website.



HAPPY WALKING

And don't forget.....

You're not lost if you don't care
where you are.