

# THE TRUDGE

## November 2020

Club meetings are on the first Monday of each month (excluding January)

**7:30pm**

**Buderim Men's Shed**  
**38 Advance Road, Kuluin**

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled activities are on <https://www.scbwc.com/activities>

### Committee Members 2019-2020

President:	Peter Nagel	<a href="mailto:pres@scbwc.com">pres@scbwc.com</a>
Vice President:	Ian Greggery	<a href="mailto:vp@scbwc.com">vp@scbwc.com</a>
Secretary:	Loretta Taylor	<a href="mailto:sec@scbwc.com">sec@scbwc.com</a>
Treasurer:	Cheryl Stevens	<a href="mailto:treas@scbwc.com">treas@scbwc.com</a>
Walks Coordinator:	Rod Edwards	<a href="mailto:walk@scbwc.com">walk@scbwc.com</a>
New Member Officer:	Karen Edwards	<a href="mailto:enquiry@scbwc.com">enquiry@scbwc.com</a>
Hire Equipment Officer:	Joe Kirkpatrick	<a href="mailto:equip@scbwc.com">equip@scbwc.com</a>
Librarian:	Gerard Gallop	<a href="mailto:cooroora35@gmail.com">cooroora35@gmail.com</a>
Digital Media Officer:	Julie Nunn	<a href="mailto:media@scbwc.com">media@scbwc.com</a>
Grants Officer:	Peter Fowler	<a href="mailto:grants@scbwc.com">grants@scbwc.com</a>

### Non Committee Positions

OH&S Officer	Malcolm Rodley
Assistant Treasurer	Pam Sanders
Abseiling Coordinator	Peter Fowler
Refreshments Coordinator	Vacant

Email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to [trudge@scbwc.com](mailto:trudge@scbwc.com)

Members should email [media@scbwc.com](mailto:media@scbwc.com) if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.





## President's Corner

Adaptable, resilient, committed, supportive and above all “don't stop getting out there” to enjoy the local area. These are my key takeaways of the Sunshine Coast Bushwalking Club for 2020.

After wrapping up 2019 with the club Christmas party the club only had a short period of time with our 2020 program before needing to put club activities on hold as part of the COVID-19 restrictions. While activities came to a temporary halt the committee continued to meet and ensure club functions and projects rolled on and prepared a plan ready for club activities to recommence once Covid-19 restrictions eased.

One of the many benefits of the club are the connections and friendships that are made and this came to the fore during Covid, with many members checking in with each other and keeping active within their local areas. The club's Facebook page and the Trudge also continued and were valuable to continue communicating with and updating club members on what was happening.

As club activities recommenced in June, Rod in conjunction with the activity leaders, updated our program to provide a range of day walks, base camps, through walks, cycling and abseiling opportunities for members. The club continued to attract regular enquires which Karen has done a great job in responding to and assisting many to become new members of the club.

I would like to also thank those club members who have lead activities this year, without those members willing to put these activities on the program we would not have such a diverse and interesting range of club activities. Activities that support introduction to bushwalking through to overnight walks and abseiling, so again thank you for leading these activities.

While activities commenced in June it wasn't until August before club meetings could recommence. To meet new social distancing requirements, we needed to find a larger premise to hold our meetings. This was the first time since the club was established that the monthly club meetings moved away from the Buderim Craft Cottage to different premises.

While the primary purpose of the club is walking, we also support outcomes that achieve more access to our natural areas and as part of the MoU (Memorandum of Understanding) we finalised with council last year, club members commenced the establishment of a shed and construction of just under 2km of new walking track at Kirbys Road Environment Reserve. This work led by Joe Kirkpatrick and Peter Fowler continued to deliver on the three-year MoU we have with Council. Planning is now well underway for the next trail construction project at Kirbys Road and will provide future opportunities for club activities in this area.

The club website continued to undergo updates and changes. Julie Nunn working with the Kind Living Company finalised the new activities calendar, which was ready to go once Covid-19 restrictions eased. The new calendar now provides all the relevant information and key contacts on the club's planned activities going forward. Another key project finalised was the development and rollout of the new membership database and forms for new members. Both these changes aim to support and better manage members' information.

I would finally like to thank the committee who provided great support and initiative throughout what was a challenging year. The committee of Ian Greggery, Loretta Taylor, Cheryl Stevens, Julie Nunn, Joe Kirkpatrick, Karen and Rod Edwards, Peter Fowler and Gerry Gallop and with non-committee members Lorna Hegarty, Malcolm Rodley and Pam Sanders. This year will see several members of the committee who have contributed to the club for a number of years step down, so a big thank you to Ian Greggery, Loretta Taylor and Cheryl Stevens for your time and contributions and finally also a thank you to Lorna Hegarty who is stepping down from the Refreshments Officer role.

I wish the new committee all the best and look forward to catching up with members either when I am back on the coast visiting or if you are out exploring the area around Alice Springs, feel free to make contact with me.

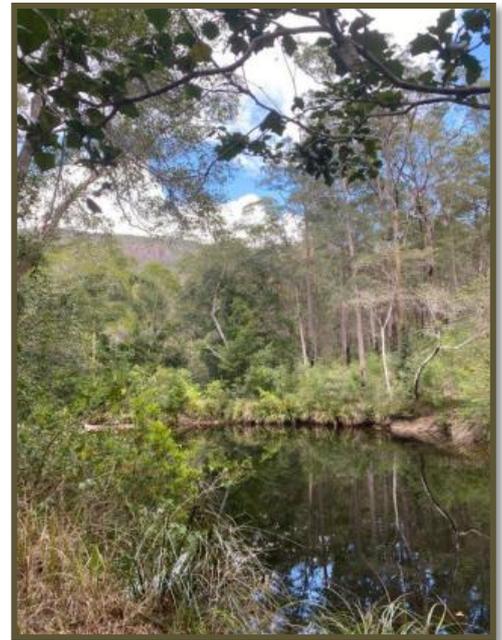
Peter Nagel  
President

# Gheerulla Falls Fire Trail 20<sup>th</sup> September 2020



Sunday, September 20, was a perfect day for 11 of us to enjoy the very scenic Gheerulla Falls Fire Trail. Sam provided leadership at short notice due to Russell being unwell. Thanks Sam.

The first half of the walk followed a creek with lots of picturesque water holes one of which provided a great spot for morning tea. The soft, mostly level path changed to the fairly steep fire trail with the some of our group scaling it with ease while others, including myself,



went at a more leisurely pace. I was so impressed by the support and care shown to all members of the group. Great

leadership by Sam and caring by Eva. After the fire trail, we enjoyed the scenery offered

along an undulating section of the Great Walk and from a spectacular lookout. There were beautiful wildflowers along all sections of the track.



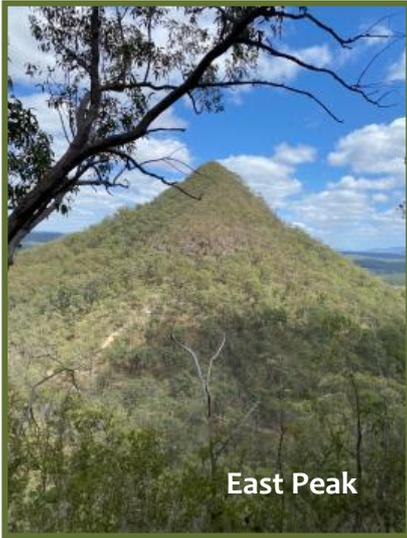
We passed many groups along the way, all very friendly and ready for a chat. A great day.

~~ Debe Crotty



# Tunbubudla, The Twins – Glass House Mountains

4<sup>th</sup> October 2020



East Peak

Thanks To Russell for leading a small group of 8 on a sunny morning. We parked on Beerburrum Woodford Road and walked deeper into the NP along some fire trails before heading into the bush alongside a dried water course to firstly ascend East Tunbubudla. There was actually a faint path to follow for a while before the terrain become steeper with plenty of dried leaves under foot. The ascent was mainly in the tree line however there was a rocky outcrop which provided a panoramic view of the other mountains from Beerwah to Tibrogargan where we enjoyed a short break.

The ascent then continued to the top where a reasonable sized cairn has been built however the vegetation was thick with no views to be enjoyed. There was a much clearer path down the west side of the mountain. However it is steep and dusty in places so getting down low was the only way to avoid an involuntary sit down! Eventually the trail

flattened out into some nice bushland, not many visitors venture into these parts. From the saddle the steep path of West Tunbubudla beckoned.

~~ Matt Griffiths



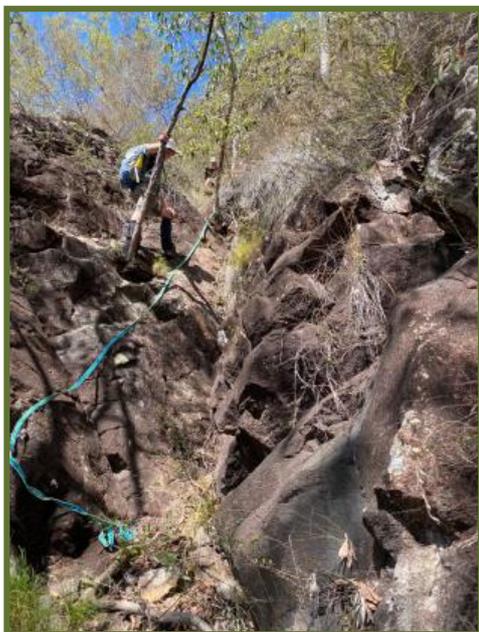
West Peak

After a rest in the dappled shade of the 'saddle' between the East and West Peaks of Tunbubudla we turned our attention to the West peak. The start of the track was steep, loose dirt and scree but quickly changed into a rocky track and easy scrambling up through the grass trees and eucalypts. It was too late for many



wildflowers with just a few blue spikes of plectranthus poking out of the rocks. After ascending about 200m with impressive views back towards the East Peak and glimpses of the surrounding glasshouse mountains and the distant coast, we reached the top with its rock cairn where we settled onto shady boulders for lunch. The descent was 'off-track' with Russell leading us west around the rock face of the highest point, dropping rapidly down around 250m. Facing north, it was pretty warm by the early afternoon and there were lots of loose rocks and hanging on to trunks and branches to keep our balance. One section needed better than average rock-negotiating skills so Russell and Peter fixed a tape to a tree and guided us down the little rock gully. Dry weather meant the rocks were pretty grippy but we took it one-by-one just to make sure that if any rocks were dislodged, no one would be in any danger. At the bottom of the steepest section we re-joined a goat track of white dust through the grassy, sedge forest, then out onto to a dirt road and 3km back to our cars parked on the Beerburrum-Woodford Road at almost exactly 3pm. The entire day, apart from the distant noise of motorbikes, we didn't encounter another soul. A most enjoyable day of walking/scrambling and many thanks to Russell for his able leadership.

~~ Clare Staines



# Mooloolah River Kayak 4<sup>th</sup> October 2020



Leaders: Malcolm & Jenni Rodley

On a beautiful day we are beginning our Mooloolah River adventure



Paddling through the bush we arrived at the open water



Time for morning tea in the shade

~~ Eva Zacher-Maj

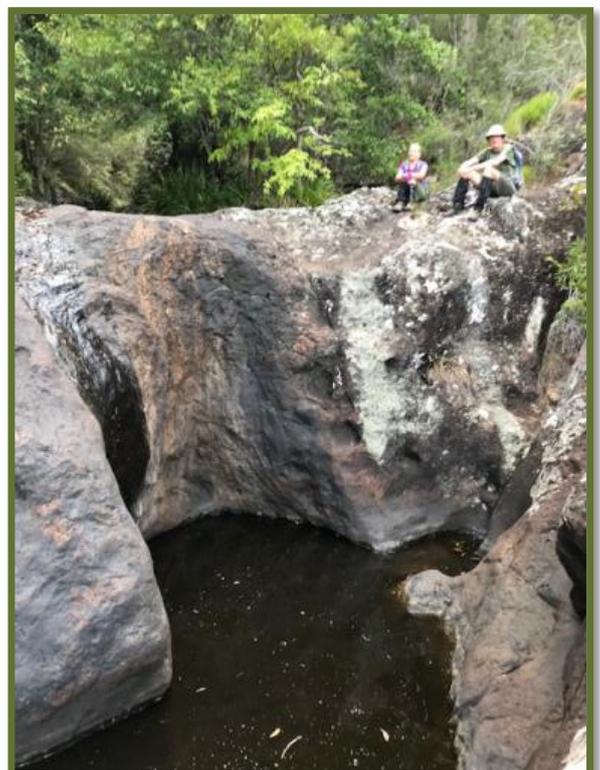


We've often walked out to view Gheerulla Falls on the Sunshine Coast Great Walk, but how many of you have thought what wonderland exists above. This walk led by Ross Thompson took us up and around the top of the falls, then into the delights of the creek further upstream for a few hours.

The cloud cover on the day meant the expansive view of the valley couldn't be seen, but you could have appreciation for the mountains of the area. The walk included walking along the creek

where possible or up on higher ground on the sheer cliff edges. There were also several smaller falls to enjoy along the way and a perfect spot for morning tea. To quote Ross, the route up was "easier than what it looks". We also took the opportunity to experience the use of one of the abseiling equipment pieces the "ascender" to assist with one of the short steeper climbs. Our walk in total had 413m of elevation and whilst short in time with just over 3 hours and 6.5km it was a great new area to explore before the wet season arrived.

~~ Sam Rowe



## Eumundi Conservation Park 11<sup>th</sup> October 2020



Our group of 16, had perfect weather for our “walk in the park”. It was lovely to see some brand new faces, some almost a member faces and some faces that hadn’t been seen for a while. Our leader Brian guided us through our 15 kms ramble, checking we took the right paths and assuring us that the highest hill of the walk which he dubbed ‘Mt Everest’, was not as daunting as its name. A lovely way to pass the morning, with a few hills to ensure we tested our fitness and the opportunity to get to know some prospective new members a bit better.

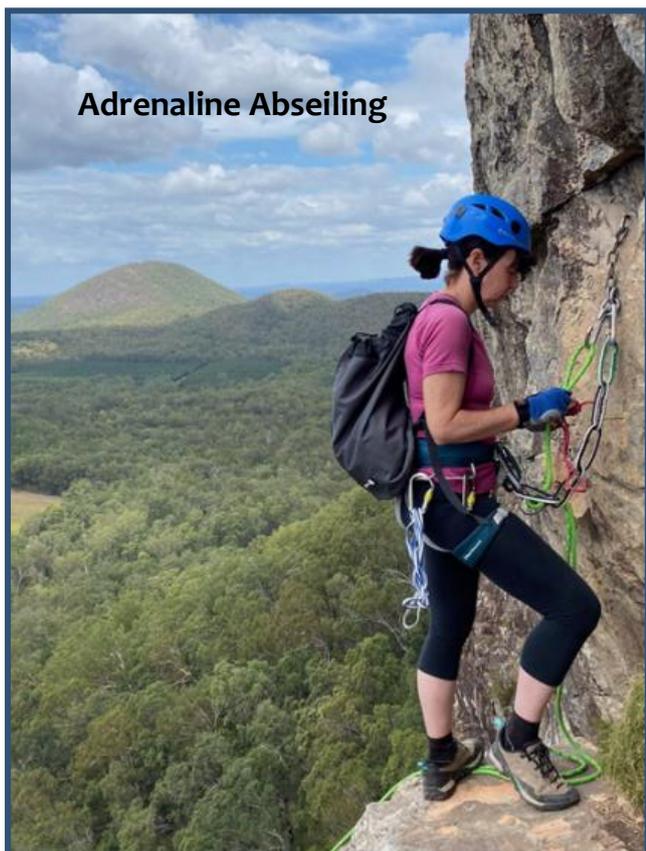
Highlight of the walk, for me anyway, was the sighting of two different types of orchids. Possibly cymbidium medium and the purple flower, *Lobelia gibbosa*. (Thanks to Robyn Graham for identifying). Thanks to Brian for leading the hike.



~~ Linda Gregory



## Mt Tibrogargan Caves Route 13<sup>th</sup> October 2020



Mt Tibrogargan, a great mountain to climb (during the week), even better mountain to climb up and then abseil down, so when Peter Fowler, the club's abseiling co-ordinator said let's go for an abseil on Tibro, I jumped at the chance.



Abseiling Mt Tibrogargan requires carrying all our equipment up the west side of the mountain, then using the bolts within the mountain to abseil down 5-6 pitches on the east face. This really is a fantastic way to enjoy abseiling and the mountain. Peter's challenge this descent was to abseil over the largest cave, which we did successfully. (Peter in action was posted on the club's Facebook page). So all those that are just starting or have completed several abseil sessions, make sure you put this on your bucket list to do.

~~ Sam Rowe (PS, thanks Peter for the fun morning).



## Currimundi to Birtinya and return 15<sup>th</sup> October 2020



What a great morning. Eight intrepid walkers, ably led by Cheryl and assisted by some "local knowledge", set off to explore the western bank surrounds of the Mooloolah River, Currimundi Lake and their tributaries. This circuit via Sunjewel Boulevard Environmental Reserve (starting and finishing corner of Lakeside Cres and Rosea Court, Currimundi), Kawana Forest, Viridian Circuit Park, and Birtinya boardwalk was ever changing through predominately sclerophyll, heathland or "Wallum" and also wetland vegetation communities. We were delighted to see

schools of decent sized fish and numerous water birds including swamp hens, egrets and a friendly white-faced heron. As the day warmed up we welcomed the breezes off the water and the forest shade and even the brief openness of the "cow-paddock" without cows. Mid-walk we had a brief break for a cuppa/cooling smoothie and a variety of feeding station offerings at the Stockland Shopping Centre



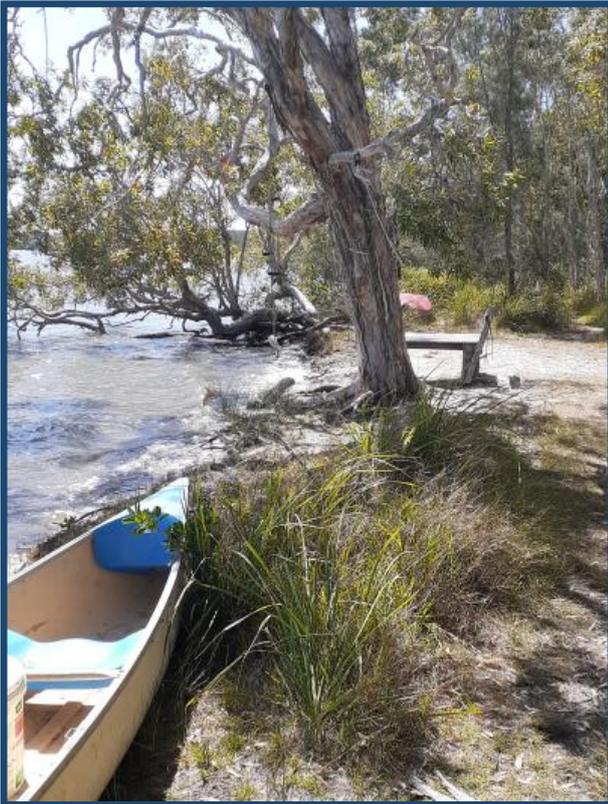
before heading back past to SCUH and its adjacent lakes and shady vantage points to join the Environmental Reserve paths back to our starting point.

A very enjoyable and surprising local treasure of tracks, board/concrete walkways and bike paths on our doorstep.

~~ Arlene Rutherford



## Lake Weyba Walk 18<sup>th</sup> October 2020



A gentle, relaxing walk along the edge of the lake to Murdering Creek with 4 creek crossings, quite easy to negotiate. We had 14 members with 4 new people who said they really enjoyed it. A beautiful spot for morning tea. We saw a goanna, a snake and some ospreys. 3.5 hours return. We also learnt a bit of history (sad) thanks to June who told us about the story behind Murdering Creek's name



~~ Christine Casken

## Mt Tinbeerwah Introductory Abseil 21<sup>st</sup> October 2020



If you've been sitting on the fence about whether you'd like to give abseiling a go I can highly recommend jumping right in and signing up for the club's next intro to abseiling – you won't regret it. Four of us (myself, June, Deb and Brian) joined our ever-patient instructor (Peter Fowler) today for a thrilling walk off the cliff edge just up the road from Tewantin. We met up in the car park near the summit of Mt Tinbeerwah and strolled a mere five minutes or so along a distinct path that brings you to a stunning 360-degree view of the coast with Mt Cooroy jutting out prominently across the bushland.

I personally don't have a head for heights so am trying this abseiling thing to take in the heights while safely roped to anchors that we were assured would hold the Queen Mary. There's a lot of concentration required to take in the meticulous instructions Peter patiently goes through with each of us about the gear and how it works then with a dry mouth as we check, check and check again I cautiously step off the cliff and all those nerves dissolve as I'm concentrating on working the rope down a 45-metre cliff face. The view from there is so rare and surreal you can't not be exhilarated by it. Honestly you have to try this. If I'm looking for anything to complain about ... well you do have to hike back up! But it's so worth it. You couldn't be in safer hands and we are so very fortunate to have Peter generously sharing his passion for the vertical. A big thanks to Peter for such an awesome morning and thanks to my cliff dangling mates for their company and friendly banter.

~~ Cheers, Taylor

After a very wet Saturday afternoon, we woke to a beautiful day with a light cooling breeze and scattered clouds. After a little confusion about the meeting place, we set off only slightly late.

Due to the threat of bad weather, there were very few others on the walk, which was very pleasant, and we were able to take our time and enjoy the various lookouts on our own.

The walk to the top is only 1.4km and the elevation is about 150m, so its quite an easy stroll which takes about half an hour to 45 minutes taking it quite slowly. We spent time at the eastern lookout which overlooks Ninderry and Noosa to the north and out to Coolum in the east. We then walked



around to the southern side where there is another smaller lookout with views to the south over Maroochy River and out to Bli Bli and beyond.



Our morning tea spot was at another informal lookout directly to the west, where we spread out on some boulders and enjoyed the views out to Yandina and the ranges beyond.

The walk back down was a very easy stroll and we were back to our cars by about 10:45am. Plenty of time left in the day to relax or get some chores done.

There were 13 of us on the walk, including 5 very keen prospective members.

~~ Karen Edwards



## SCBWC Christmas Luncheon

5<sup>th</sup> December 2020

Arrival 11:30am onward

Fully catered roast lunch served 12:15pm

Noosa Sea Scouts

11 Eumundi Road

Noosaville

\$15 per person

BYO chair, glassware, drinks

Camping available for Saturday night, \$15 per person



## HAPPY WALKING

Keep safe and share a smile with others. It could make their day.