



**SUNSHINE COAST
BUSHWALKING CLUB**
Est 1975

THE TRUDGE

December 2020

Club meetings are on the first Monday of each month (excluding January)

7:30pm

**Buderim Men's Shed
38 Advance Road, Kuluin**

(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)

Scheduled activities are on <https://www.scbwc.com/activities>

Committee Members 2020-2021

President:	Julie Nunn	pres@scbwc.com
Vice President:	Clare Staines	vp@scbwc.com
Secretary:	Stephen Hunter	sec@scbwc.com
Treasurer:	Pam Sanders	treas@scbwc.com
Walks Coordinator:	Rod Edwards	walk@scbwc.com
New Member Officer:	Karen Edwards	enquiry@scbwc.com
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Grants Officer:	Peter Fowler	grants@scbwc.com
Librarian:	Gerard Gallop	cooroora35@gmail.com

Non Committee Positions

Trudge Editor:	Stephen Hunter	trudge@scbwc.com
Digital Media Officer:	Julie Nunn	media@scbwc.com
OH&S Officer	Malcolm Rodley	
Assistant Secretary	Anne Miller	
Abseiling Coordinator	Peter Fowler	
Refreshments Coordinator	Lindy Kenniwell	

Email enquiry@scbwc.com if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to trudge@scbwc.com

Members should email media@scbwc.com if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.



The 'Mt Tinbeerwah Ramble'

Sunday 1 November 2020

Walk Leader : Michelle Freeman

Participants : Sharon, Russell, Leanda, Ross, Julie, Peter, Karin, Richard.

It was an early 0730 start for marshalling near Tewantin and off in convoy to the actual walk start in nearby Golf Course Drive. This was presented as a new walk for the club, which Michelle had scoped out over a few weeks, so we set off in cool air and a clear sky, immediately entering a leafy 4wd trail for a circuit walk taking in the top of Mt Tinbeerwah.

Leaving the few houses of Daintree Park behind we were led gently uphill to an unmarked spot which was to be the beginning of the bush bash section. Protective gaiters were donned by most, and we made our contorted way (steadied by Michelle's compass), through the undergrowth to reach the first of the four gutters which she had discovered. Because of the torrential rain the day before, these exposed rock slopes were wet and slippery and needed care to cross. Naturally the more adventurous ignored the safety brief and approached the twelve metre drop edge to try to see the actual fall. Luckily the slips of the boot and fall to the knees did not happen too close and we passed on from the 'North gutter' to the 'Middle gutter' and then the 'South gutter' without incident.

We were steadily making altitude all the time and the final 'Gully gutter' led us out onto more bare rock areas with small undergrowth and loose rocks. The well advised "look behind you" drew attention to the expansive vista of tree tops and the two lakes north of Noosa, but another short climb took us to Michelle's so called 'Brown Lookout' which did full justice to the view, including the Noosa river now.



A brief shuffle through the bush took us out onto the last few hundred metres of the tourist track and up to the Mt Tinbeerwah fire lookout, where we joined a couple who said they had driven three hours from Dalby to see the view. Made our efforts to scramble about 6km seem quite tame. The abseiling anchor points just off the trail also made me think again about taking part in the club's abseiling activity.

Heading down the tourist track we soon turned off onto Michelle's private circuit route and gently meandered through the plentiful bush and trees until we reached a stack of bleached tree branches. At this point a mutinous duo made an unlikely claim that there is a private railway line and a station only a few hundred metres down this overgrown side track. Since we were taking a drink stop they disappeared to recce and only returned on the leader's phone call, but showed photographic proof of the reality of the claim. Something to be explored more fully another time perhaps, like the enticing 'waterfall about 1km' sign pointing off track which we passed not long afterwards.

It had turned into a cloudless sunny day and we were all thankful for the everpresent advice to carry at least two litres of drinking water. Over the winter this had seemed excessive but with the first really warm walk of the approaching summer it was reinforced how sensible it is.

Traversing through the Cooroibah Creek catchment area, we eventually reached the cars again just before lunchtime and congregated on the grass to enjoy the well-earned aches in our legs and feet, eat lunch, compare gps and phone app info (it was 14.5km total, and about 500m up and 500m down - but spread over multiple hills of course), and see who could be cajoled or browbeaten into writing up the walk. Guess who's an easy mark.



Richard
(All photo credits to the other walkers)

Southern Coastal Walk

Sunday 1 November 2020

Moffat Beach was named after a property investor who acquired the headlands in the 1800's.

There is a memorial in the form of a plaque and concrete board shorts dedicated to Ma and Pa Bendall who were surfing legends in the area. This is the spot where our group of 10 started our coastal walk for the morning.

We followed the coastal track through Kings Beach and onto Golden Beach and were very fortunate to have perfect weather – Sunny with a cooling sea breeze.

The beaches were busy with many people taking advantage of the weather and relaxed Covid restrictions – Not all of them practicing social distancing but enjoying the Nippers Carnival in progress.

This is an easy walk with no real elevations but with lovely views and quite a few available convenience stops, especially Golden Beach – our destination – where we raided the local coffee shops including the much talked about “Holi Cannoli” for morning tea.

Overall we walked 13.6km and it took us about 4 hours including our morning tea break,
A pleasant beach walk on a pleasant day with pleasant people.

Thank you everyone for participating.

Dale & Ursula



Another enjoyable, relaxed morning under the coastal canopy with some great sea views shared with a happy, likeminded group of hikers, Scrub turkeys and even a small smooth skinned tree worm, or was it a snake??

Mike Staff

Lower York Creek

Sunday 15 November 2020



He said it was an easy walk!



The use of the ascender was good.



A good day for scrambling up waterfalls. Though 31 degrees, it was pleasant once we were under the trees.



Remember, always keep three points of contact. Some of us could only hear "just reach up your fingers into the crack, you'll be right".



Some thought we were walking on another creek, perhaps Carol Creek?

~~ The group

Lobster Creek Bash

Saturday 21 November 2020

Under the blazing tropical sun 8 adventurers gathered at the crack of 7am, bundled into two 4 wheel cars and after a short drive with a creek crossing the walk began. It started on a short track section, the GPS geeks wound up their machines and went into action and we were taken off trail and warned to look out for “wait a while “ attacks. We quickly reached the creek which offered stunning scenery, lots of shade and small pools, boulders galore and some rock face experiences.

Several slips, some dignified and others less so took place at first and then we all ‘found our feet’.

Some interesting discussions were held at the base of some of the rock faces with some choosing bare rock climb adventure, while others preferred a more “earthy” experience and scrambled up the sides with the assistance of tree roots. The walk leader said we would eventually reach a place he calls “the squeeze”. Eventually was the right word as it was towards the end that we came to a very pretty gully. It was an easy climb and offered a great shady lunch spot at the top.

After lunch a few hundred meters took us to a spot where we were told we were to leave the creek. The GPS Geeks were at it again and informed us the steep bush covered slope experience would last 400 meters and then we would reach a fire track and an easy walk back.

So onwards and upwards into the bush and it was steep and they were right and even knew which direction to head once we reached the track. We walked for a while and a couple of adventures were keen to take a short cut and a “wait a while” experience while the rest of us enjoyed the easy trail. Their GPS worked and we all met up again soon afterwards and enjoyed the scenic and undulating fire trail walk back to the cars.

A good time was had by all in congenial company, and many thanks are due to Ross, our walk leader for what was a lovely, memorable and fun day in the bush!

Karin Thomas

Mudjimba Beach Circuit

Sunday 22 November 2020

Mudjimba is one of the many small pieces of paradise tucked quietly away within the Sunshine Coast surroundings. It offers the best of both beach and bush walking.

Fifteen walkers met Russell at 8.30am at the park at Mudjimba to walk the Mudjimba Beach Circuit. We headed south into the cooler tree-lined path and enjoyed the peace and tranquilly of the hidden bush track which runs inland toward the Novotel Twin Waters resort. We walked around the resort's lagoon and stopped along one of the bridges at the resort to admire the numerous stunning fish.

The group enjoyed walking along the Maroochy River, where we stopped in a shady spot to have morning tea. A few members had a dip in the river to cool down, which was very refreshing. We also enjoyed the sweet sound of the mangrove gerygone, a small bird mainly found around rivers and coasts.



We continued our walk along the river to the mouth past the pin cushion. Some of group chose to climb the rocks to the top of the pin cushion to enjoy the panoramoic views. We then headed north along the beach past the Twin Waters surf life saving tower towards Old Woman Island. It was a warm day and we enjoyed the cool ocean breeze and some members stayed at the beach to enjoy another swim. The rest of the group headed back to the Mudjimba park and home. The walk was short in time but big on adventure, showcasing the wonder on our doorstep.



Thanks to Russell for leading another enjoyable Sunshine Coast Bush Walking Club adventure.

Lorna Hegarty
Sunshine Coast Bush Walking Club member

Yul Yan Man and Soldiers Settlers track

Sunday 29 November 2020

It was an 8AM start for the gang of 8 at the Beerburrum trailhead, next to Beerburrum State School. From the car park, the track heads off around Mt Beerburrum. The heart starts pumping early with a strenuous section half way up the incline, with a bit of scrambling over boulders, across bare rock faces and along narrow ledges but there are regular markers along the route to help keep you on track.



From here, the track leads along the Trachyte Ridge with a lot of loose rock to the first lookout where we stopped for morning tea and views of Mt Timbrogargan (and searched for whatever shade we could find – The heat was rising and we were all sipping water frequently). The track continued along the ridge until we reached the second lookout with stunning views of the Glasshouse Mountains.



After stopping for a breather (and a lot of photos) we had a precarious steep descent down to the end of the track, where it meets the Trachyte Circuit. We could understand why this walk had been cancelled for rain earlier this year as that descent would not have been fun in the wet.



From there, you can return by the same route, but we took the longer 5.5km option turning right along the Trachyte Circuit and then right again along the Soldier Settler's Trail for a final 3.8km back to the trailhead. The heat was still rising (it was over 35 when we finished) and the breeze was warming and dying so the last leg was a punishing one. We all felt the heat and struggled to keep up the pace but we all finished (eventually) and we knew that the "5" in the walk grade was earned.

Thanks to Julie for leading us on this.
Stephen

Last words from Julie

It's been great bringing you the Trudge for the last three years.
Thanks to those who have contributed to the articles so all our members keep up with our activities.

Please welcome Stephen as your new Trudge Editor.



HAPPY WALKING

Keep safe and share a smile with others. It could make their day.

First words from Stephen

Thank you to all who have welcomed myself and Tita to the club.
I look forward to the next year with more walking and less pandemic.
Hope to see many of you at the Christmas party and on lots of walks to come.



HAPPY TRAILS