



**SUNSHINE COAST**  
**BUSHWALKING CLUB**  
Est 1975

# THE TRUDGE

## September 2021

Club meetings are on the first Monday of each month (excluding January)

**7:30pm**

**Buderim Men's Shed**  
**38 Advance Road, Kuluin**

*(If the first Monday falls on a holiday or long weekend the meeting is held the following Monday)*

Scheduled activities are on <https://www.scbwc.com/activities>

### Committee Members 2020-2021

President:	Clare Staines	<a href="mailto:pres@scbwc.com">pres@scbwc.com</a>
Vice President:	Vacant	<a href="mailto:vp@scbwc.com">vp@scbwc.com</a>
Secretary:	Stephen Hunter	<a href="mailto:sec@scbwc.com">sec@scbwc.com</a>
Treasurer:	Pam Sanders	<a href="mailto:treas@scbwc.com">treas@scbwc.com</a>
Walks Coordinator:	Rod Edwards	<a href="mailto:walk@scbwc.com">walk@scbwc.com</a>
New Member Officer:	Karen Edwards	<a href="mailto:enquiry@scbwc.com">enquiry@scbwc.com</a>
Hire Equipment Officer:	Joe Kirkpatrick	<a href="mailto:equip@scbwc.com">equip@scbwc.com</a>
Grants Officer:	Peter Fowler	<a href="mailto:grants@scbwc.com">grants@scbwc.com</a>
Librarian:	Gerard Gallop	<a href="mailto:cooroora35@gmail.com">cooroora35@gmail.com</a>

### Non Committee Positions

Trudge Editor:	Stephen Hunter	<a href="mailto:trudge@scbwc.com">trudge@scbwc.com</a>
Digital Media Officer:	Julie Nunn	<a href="mailto:media@scbwc.com">media@scbwc.com</a>
OH&S Officer	Malcolm Rodley	
Assistant Secretary	Anne Miller	
Abseiling Coordinator	Peter Fowler	
Refreshments Coordinator	Lindy Kenniwell	

Email [enquiry@scbwc.com](mailto:enquiry@scbwc.com) if you are unsure of whom to contact. They will forward your query to the appropriate individual.

Please send walk reports and photographs to [trudge@scbwc.com](mailto:trudge@scbwc.com)

Members should email [media@scbwc.com](mailto:media@scbwc.com) if they are not receiving general email communications from the SCBWC.

If you are a SCBWC member, join our closed Facebook group.



# Membership Fees

It's that time of the year again to renew your club membership by paying the annual fee. The fee is due and payable by 1st October 2021. As you will be aware from the September meeting, or if you weren't in attendance, the Minutes of Meeting, it was agreed by the membership that the annual fee would increase to \$35.00.

Please make payment by direct deposit to the clubs bank account as follows;

**Bendigo Bank**

**BSB: 633 000**

**Account #: 142347657**

**Reference: Name**

Alternatively you can make payment to the Treasurer, Pam Sanders at the next meeting. If you are not intending to renew your membership, please send Karen an email at [enquiry@scbwc.com](mailto:enquiry@scbwc.com) so she can note on our records.

# Christmas Party News



The club's Christmas party will be held in November.



**Date:** Saturday 27 November

**Time:** 11.45am for Midday start/3pm finish

**Where:** Noosa Sea Scouts, 11 Eumundi Rd, Noosaville

**Cost:** \$15 pp includes 2 course meal (roast spit)

Please make payment by direct deposit to the clubs bank account as follows;

**Bendigo Bank**

**BSB: 633 000**

**Account #: 142347657**

**Reference: Surname and Xmas**

**BYO:** Chair, glassware, mugs (for coffee/tea) and drinks

**Camping:** Available for Saturday night \$15/person. Please book directly with Noosa Sea Scouts at <https://noosaseascouts.com.au/shop/>

**RSVP:** by 17th November to Neralie Carr at [guznez6@gmail.com](mailto:guznez6@gmail.com) or M 0404 161 399 or sign on at the October or November club meeting.

# Mount Barney

Tuesday 24 August to Thursday 26 August 2021

## Mt Baloney and the Enigmatic Seven

Insomnia, chronic or otherwise, is not a good excuse for arising at 5.30 when its sub-3 degrees outside the tent. Nor is a palpable sleep-sapping anxiety about the risks and difficulties that might lie ahead as exhibited by our novice Italian-looking first-timer, Mr Earthsaver.

The night before, after our arrival at the Mt Baloney Lodge, he was nevertheless gracefully composed in his camp chair beside the log fire dressed in an aristocratic tweed jacket and sporting a well-groomed shock of silvery white hair, a scene not out of place for example in the company of Whympy on a 19th century sport climb in the Alps.

Interesting.

Musical Nannygoat anagrammed Chile Mel's contribution to an early rise was failing to bring her campfire guitar, thereby consigning us all to a premature bedtime.

Our leader, Thors Moss Pon, had, the previous day, successfully cultured an enthusiasm for an early start, and so, long before the rays of warmth had embraced our tents, backpacks were ready, breakfast consumed and boots laced, save for a Mr Larc, brother and identical looking twin of the above-mentioned feline singing mountain goat, who had aborted attempts to cook and consume a massive beef steak before the ascent.

Promptly at 6.50, including all three septuagenarians, we departed a mere two hundred metres down the road to exit right, under a fence and head directly for the target mount along a fire trail on a shallow ridge, setting such a cracking pace (inevitable under the invigorating temperatures), that Thors had occasion to question the advisability of our steak-less shitake farmer continuing with us at his otherworldly pace.

Mind you, said farmer is a veteran guide and boasts multiple ascents of the Golan ridge.

Upon reaching the base of daunting said ridge, named after Commandant Patrick of the Moreton Bay penal settlement and later killed by the natives, bio-scientist Mrs Aliener attacked at the sharp end undeterred, and in a scrambling style reminiscent of the style of hubby's climbing days.

The rough, clean and warm rock was pleasant compensation for the two year old vegetation that challenged our aged paper-thin skins.

Truth be told, such vegetation provided desperate handholds in many of the seemingly endless Class 5 rock climbing moves, although all the magnificent 7 exhilarated Messner purist wannabes would never admit to such unsporting contrivances.



In true mountaineering style, Zat, cohabitant accompanist to our musical nanny goat eschewed both his professional ethos of security and any semblance of a route and struck out repeatedly onto clean airy mini-ridges, always within range, and regrouping sporadically, apparently to impart his usual left field humour. After a number of crucial route selections around challenging steep buttresses, the summit was attained in just over 4 hours, thanks in no small part to the experiences of Thor's and Larc's familiarity with the Golan Ridge.

The summit was truly glorious: some stripped bare to the waist on a spacious grass lawn, unfettered by any wind or embarrassment whatsoever, and feasted on the stupendous views and the echelon of ridges receding into the distance, undiminished by any clouds and enhanced by the clarity following cleansing rains the night before. By virtue of their quality and rarity, photos of such are necessarily only sparingly publishable here.

Views of Mounts Warning, Ernest, Lindsay, Isolation, French and others were reward enough for a very satisfying effort, especially for Nanny goat and Aliener in overcoming the numerous technicalities on rock.

Credit also to our Italian Earthsaver who came directly from a 4 day 70km walk in the SC hinterland.



The 1140m descent was accomplished in a little over 3 hours via the adjacent SE ridge, modified in the final stages via a newly created short-cut bypassing the normal Yellowpinch start point.

Afternoon tea and an early shower to beat the school camp crowd set us up for a lazy campfire dinner and an uninterrupted well-earned sleep.

Larc's two steaks were dutifully cooked and consumed, Earthsavers aristocratic grooming remained almost unruffled, Thor's leadership reputation remained flawless and unchallenged, Chile Mel and Aliener remain creditable and proven candidates for any extreme outings in the harsh Australian wilderness, freelance climber and comedian Zat thought it was a most enjoyable social outing.

The enigmatic seventh remains a vegetarian, perennially working on his grooming, and true to his Dolomitic roots, endorses the last four's attributes for a truly memorable escape in the mountains.

## **No Golan Pou**

# Kenilworth Bluff

Sunday 5 September 2021



Our day was blessed with great weather for this hike with mixed terrain, starting through pleasant farmland before our stairway to the mountain top.

The number of steps still remains a mystery, as counting may have been affected by the sudden rise in altitude. Was it thin air or our math skills? With numbers ranging from 290-321!!!

Gradually continuing along a winding path hugging the cliff with interesting views, both of rock faces to one side, and ranges to the other, before our morning break at the summit spotting Pink Orchids and other mixed fauna on these higher rocky slopes.

After our much needed and well-earned break came our Bush Bashing stage.

Were we lost?? Was it a trick of Russell's to awaken our Survival skills?

No, all was good, and with the help of a little technology and experience, we eventually arrived at a rocky outcrop with its expansive coastal views.



Our return track from this point passed several large ferns, with bushland gradually opening up until our "Downward Slalom" stage, where a varied range of techniques were tried on this slippery slope.

After our lunch break we descended to our cars following a much enjoyed morning. Thanks Russell for another well planned hike.

**Mike Staff**

# D'Aguilar National Park - Piper Comanche and Greens Falls Circuit

Sunday 12 September 2021

What a great day!

It started off a bit cool as we headed off on the green falls circuit, 4 km of beautiful rain forest with lots of birds on the way to the falls. There was no water, but no matter.

On the way back Mike and Taylor practiced their log walking skills then we had morning tea at the picnic area. Then it was back in the cars to go a bit further along to the start of the Piper Comanche trail.



A different forest this time with beautiful tall gums and a rough path down to the wreck (not much left of it), then back up and out to another point where the track got a bit vague so Mike (the boy scout!) had to put us back on the right track twice. (He did inform us he had only done 2 days of scouts!)

Lunch in the bush, and back out with lot of orchids in the trees. We finished with a rewarding coffee and cake at the Mt Glorious café.

A great day, thank you Sam for organizing it

Cheers,

**Sharon Burt**

# Heritage Tramway

Thursday 16 September 2021



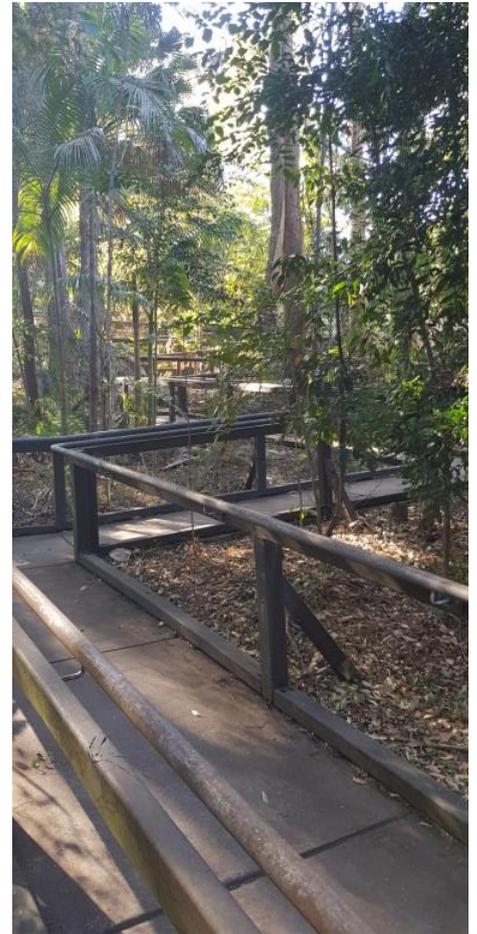
Today I did my first walk as a visitor of the SCBWC, along with 3 other visitors also doing their first walk.

The Heritage Tramway Walk was a lovely easy 4k return walk which follows the track of the old Buderim-Palmwoods Tramway.

The walk meanders through lovely bush lands and tall trees and the walking track is very well maintained.

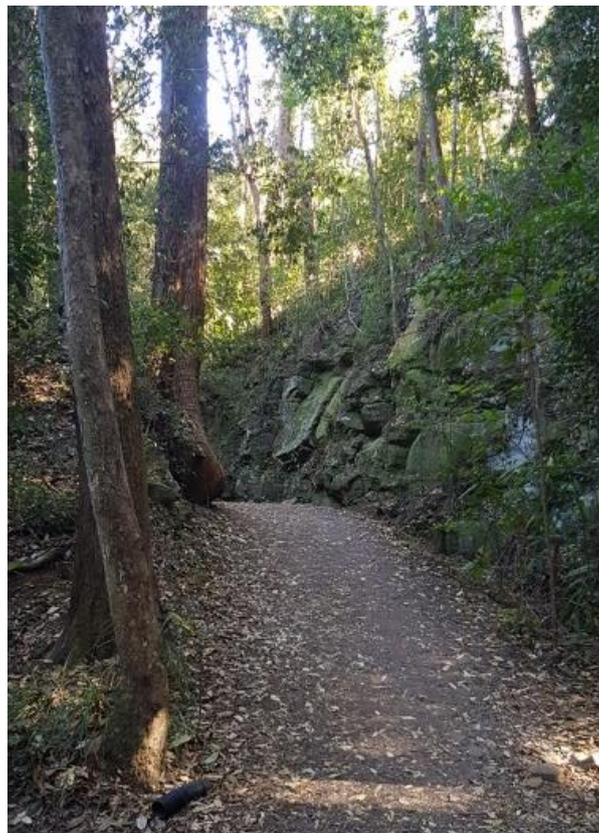
Our walk leader Cheryl encouraged us to often look up at the tree canopy's and take in the lovely surrounding bushes and sounds of the birdlife.

An excellent choice for a first time SCBWC visitors walk.



Thanks to Cheryl for organising and being the walk leader and for making us newbies feel very welcome.

**Wendy Latham**



# Health Sunshine Coast Activities

September 2021



***Participants at the Obi Obi Lookout***

After many cancellations and postponements due to the Stay at Home restrictions, the Sunshine Coast Bushwalking Club has finally completed the activities for the Healthy Sunshine Coast 2020/21.

This program partners with the Sunshine Coast Council on the bushwalking component for the Healthy Sunshine Coast activities which are a range of diverse activities including yoga, mountain bike riding, country dancing and bushwalking to name a few.

The aim is to get Sunshine Coast locals moving and try new activities or return to past activities.

Our final activities in September over two weekends were:

1. Mooloolah National Park
2. Stummers Creek / Emu Mountain
3. Kondalilla Falls
4. Obi Obi Valley Lookout

Our council registered participants all enjoyed the various walking activities and were surprised at what was available for them to see and enjoy so close to home (and most of our activities had the local wildflowers out to add to the activity).

Many thanks to our leaders and assistants – Ursula and Dale Bowden, Malcolm and Jenni Rodley, Linda Gregory, and Karen Edwards who substituted the club activities to take out our registered walkers for an adventurous morning.

**Sam Rowe**

# Picnic Point Paddle

Thursday 23 September 2021

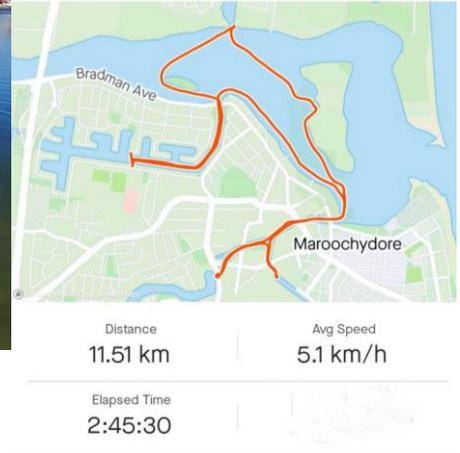
We launched at 07.30am on a beautiful Thursday morning for a relaxed 12km paddle.

Six starters: Joe, Arlene, Mimie, Rod, Malcolm and Jenni.

The paddle took us from the Maroochy Waters canal out under Ken Neil Bridge and along the river to Cornmeal Creek.



Padding Maroochy River



Mal (disguised as Darth Vader) suggested we paddle up cornmeal Creek under the Duporth Ave and Horton Pde bridges and along past the Sunshine Plaza

Back out onto the river near to a very full tide we chose to paddle between the river islands: Goat Island and Channel Island.

This is a very still, shallow and pretty section of wetland. Back out onto the river and over to the north shore at Twin Waters where the high tide was flowing into Twin Waters as small waterfalls.



Nice!

Back across the river, around Chambers Island and home to our launch point.

About two and a half hours of relaxed paddling followed by about an hour of pleasant flat white coffee and chat.



We'll have to organize more of these leisurely paddles!

Rod Jenman

# Noosa NP Coastal Loop

Sunday 26 September 2021



Another great turn out for this popular annual walk with 6 visitors and 17 members.

We were very lucky for the predicted showers to stay away and for a beautiful cooling breeze.

This walk in the Noosa National Park starts at the western end of Parkedge Rd, Sunshine Beach and follows the internal track up to the highest point in the park to the top of Noosa Hill.



From here it was downhill to our morning tea spot at Tea Tree Bay, where we sat under the shade of the Tea Trees and looked out across the beach to the beautiful crystal clear waters.

The local koala was not in resident today.

From here we followed the tourist route to Hells Gate, with a detour for half of the group along the rocks of Granite Bay, which always adds a good walking variation.

The tide was quite high so this detour was cut a bit short. We were very lucky to sight a whale on our walk to Hells Gate and a pod of dolphins.



From Hells Gate we headed to Alexandria Bay and walked along the beach. With the tide quite high some of us took the opportunity to take our shoes off (but nothing else) and get our feet wet.

Due to there being quite a strong southerly wind, we decided to have our lunch at the southern end of Alexandria Bay instead of the northern end of Sunshine Beach.



From here it was a quick walk over the headland to Sunshine Beach and then back through the parks internal tracks and out to our starting point.

We walked a total distance of about 12.5km in just under 5 hours. It is a very enjoyable walk which deserves to be walked at a slower pace to take in the scenery of this beautiful National Park.

Thanks to all those that walked for making it a lovely morning walk.

**Karen Edwards**

~\*~

Another year is flying by and we will soon be thinking of AGM's, Xmas parties and New Year Celebrations. We will all be looking forward to the warmer weather and, after the last two years, hopefully, an end to morning briefings from Premiers and Health Officers.

There are still a lot of walks to go this year though, so sign up, lace up and get out there.

(And stay hydrated!)

See you next month

**Stephen**

**HAPPY TRAILS**

